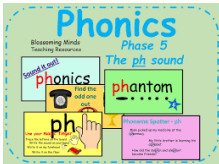

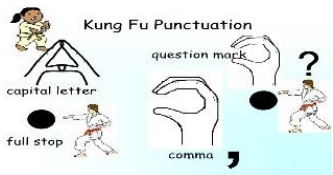





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## Family Learning Newsletter Year 1 November 2020



Area of learning	Focus	Home activities/How can you help your child at home.	Useful websites										
<p><b>Literacy</b></p>	<p><b>Spelling</b> To use phonic knowledge to form <b>ck</b>, <b>ch</b> and words ending with the <b>nk</b> sound. E.g. clock, school, bank etc.</p>  <p><b>Punctuation</b> To write sentences leaving spaces between words. To punctuate sentences using capital letters and full stop.</p> 	<p><b>Talk</b> to your child about Kung Fu punctuation. Share some sentence strips and ask your child to highlight the capital letters and full stops. Cut out different words and ask your child to frame a sentence. Remind them to pick the word with a capital letter to begin their sentence.</p>   <p><b>TALK</b> to your child about past and present. Show them two distinguishing pictures of now and then which will help them understand that past means time gone by. Recollect and <b>SHARE</b> some past events and ask your child to describe the event in sentences. <b>ENCOURAGE</b> them to use the past tense while describing the event by adding 'ed' to the root word For example: play- played. I <b>played</b> with my friends yesterday.</p> <table border="1" data-bbox="911 1149 1461 1386"> <tbody> <tr> <td>I can <b>see</b> the rainbow.</td> <td>I <b>saw</b> the rainbow.</td> </tr> <tr> <td>They <b>talk</b> to each other.</td> <td>They <b>talked</b> to each other.</td> </tr> <tr> <td>I <b>need</b> help.</td> <td>I <b>needed</b> help.</td> </tr> <tr> <td>We <b>look</b> at the birds.</td> <td>We <b>looked</b> at the birds.</td> </tr> <tr> <td>They <b>move</b> through the crowds.</td> <td>They <b>moved</b> through the crowds.</td> </tr> </tbody> </table>	I can <b>see</b> the rainbow.	I <b>saw</b> the rainbow.	They <b>talk</b> to each other.	They <b>talked</b> to each other.	I <b>need</b> help.	I <b>needed</b> help.	We <b>look</b> at the birds.	We <b>looked</b> at the birds.	They <b>move</b> through the crowds.	They <b>moved</b> through the crowds.	<p><b>Phonics</b></p> <p><a href="#">DIGRAPHS CK</a> <a href="#">CK PRACTICE SONG</a> <a href="#">THE CH SOUND</a> <a href="#">Geraldine the Giraffe learns nk</a></p> <p><b>Punctuation</b></p> <p><a href="#">The Capital Letters and Full Stops Song</a></p>
I can <b>see</b> the rainbow.	I <b>saw</b> the rainbow.												
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They <b>move</b> through the crowds.	They <b>moved</b> through the crowds.												



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### Grammar

To use past tense.

To build sentences using connectives 'and'



### Text Level

#### Magical Characters

- To read familiar, simple stories independently.

**Share** two sentences 'I saw a shark.' 'I saw a dolphin.' Read out the two sentences with the children. Underline 'I saw a... ' and ask: 'What do you notice about these words? (they are the same). Note how saying the same words twice sounds odd, like a robot. Write 'and' and say that it can join sentences to make them sound better. Eg: I saw a shark and a dolphin.

**Organize** a Role Play with some of your child's friends **OR** your family members emphasizing on the characters of any story – example a fox, a horse, lady or any imaginative character. They can use their creative ideas to create their own masks for each character or design the setting. Encourage your child to describe the characters and settings using wow words e.g.: The **cunning** fox jumped into the **deep dark** well.



Motivate your child to learn some poems and perform for their family or friends. This will encourage them and build up their confidence. **Share** an interesting activity on making a snowman using a rhyming string.

### past tense - root word + ed

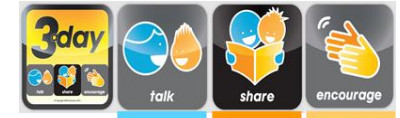


walk - walked



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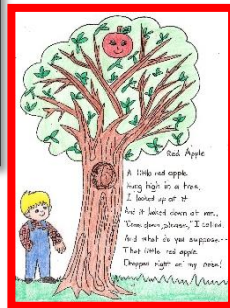
- To write simple descriptions about a magical character and settings.



### Rhymes and Poems

- To recite rhymes with predictable and repeating patterns.
- To identify words that rhyme.
- To write a rhyming list.
- To compose a rhyming poem.


at	at	at	at
cat	cat	cat	cat
sat	sat	sat	sat
rat	rat	rat	rat
mat	mat	mat	mat
fat	fat	fat	fat
hat	hat	hat	hat
bat	bat	bat	bat
pat	pat	pat	pat



Now **Encourage** your child to compose a rhyming poem with the word list that he/she created

**Little Fish**

One little fish  
Swam in his dish.  
He blew bubbles  
And made a wish.  
All he wanted  
was another fish  
To swim with him  
In his little dish.  
Another fish  
Came one day  
To blow bubbles  
while they played.  
Two little fish  
Blowing bubbles  
In the dish.  
Swimming around  
Singing plish, plish, plish.





[Story to read](#)

[THE LITTLE CHICKEN](#)

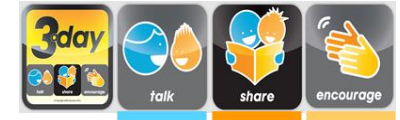
[Rhyming words](#)






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**Numeracy**

To identify, name and describe squares, rectangles, circles and triangles.



To tell the time to the hour.

To estimate, compare and measure the length of objects using suitable non-standard measuring instruments.



To find the double of a given number.

**Talk** to your child about the different 2D shapes around. While at home or travelling ask your child to find objects of different shapes around them. E.g.: The wheel of a car is a circle. Also ask them to describe the shape e.g. how many sides and corners a Doritos has?

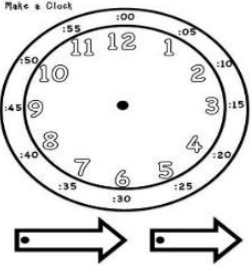
**Talk** and make a clock with your child then practice telling the time with your child. Ask your child to be the 'timekeeper'. For e.g. Tell me when it is 4 o'clock because we are going to the park. Also discuss the chronological order of the everyday events using related vocabulary e.g. first, before, after, next, today, yesterday, morning, afternoon and evening.

**Talk** to your child and encourage them to look at different objects and stress on vocabulary like **short/long, longer/shorter tall etc**. Spend time together to measure objects at home using cubes, straws or hand span and record it. Similarly use the meter stick to measure big objects like bed and table and identify if they are shorter/taller than the meter stick.

**Talk** about adding the same number twice to find the double of a given number. Take an A4 paper, fold it into half. Use paint to draw a given number of circles, triangles etc. on one side. Fold it when it's wet. The same number of objects will appear on the other half. Now count the objects altogether to find the double of the given number.

[2D shapes](#)

[Time](#)




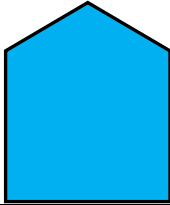
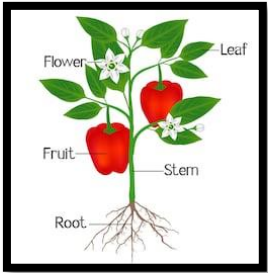
[comparing length](#)

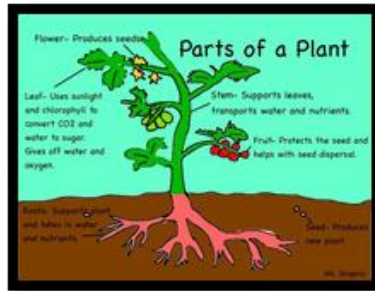


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	<p>To recognise and know the value of different denominations of coins and notes.</p> 	<p><b>Share</b> and show them the currency being used in UK e.g. 1p, 2p, 5p, 10p, 20 and 50p. Provide opportunities for your child to experience shopping on his/her own (under your supervision) to buy any two item/fruits of his/her choice and pay for it independently on your next grocery shopping trip. Encourage them to find ways to pay the amount of 10 Dirhams.</p> <p><b>Challenge:</b> Which two 2 D-shapes will you fit together to get the shape below?</p> 	<p><a href="#">Doubles</a></p> <p><a href="#">Money</a></p>
<p><b>Science</b></p>	<p><b>Growing Plants</b></p> <ul style="list-style-type: none"> <li>To identify and explore the different parts of the plant. Children will also become aware of ways in which plants should be treated with sensitivity.</li> </ul>  <p>To explore the functions of the different parts of the plant.</p>	<p><b>TALK</b> to your child about growing a plant together and help them grow it and observe the different parts</p> <p><b>ENCOURAGE</b> your child to <b>SHARE</b> his/her observation with friends.</p> <p><b>ENCOURAGE</b> your child to do research on some websites on the internet or books together to learn more about plants. Different types of plants like: desert, water, under water etc. Make a project with pictures and description.</p>	<p><a href="https://www.youtube.com/watch?v=p3St51F4kE8">https://www.youtube.com/watch?v=p3St51F4kE8</a></p> <p><a href="https://www.youtube.com/watch?v=X6TLFZUC9gI">https://www.youtube.com/watch?v=X6TLFZUC9gI</a></p>



### Growing Plants

- To understand that plants provide food for humans.
- To identify the different parts of the plant that humans eat.
- To recognize that some foods come from plants but no longer look like plants.



**Explore, Research** and **SHARE** information on the functions of different parts of a plant with your child. Encourage your child to observe different plants in the immediate environment. Challenge them to identify the different parts of the plant and compare with other plants. Eg: Date palm with Powder puff tree. Compare the trunk, leaves, and the tree.

**Explore, Research** and **SHARE** information on the different parts of a plant human eat.

Pick a packet of biscuit/crisp and **ENCOURAGE** your child to read the ingredients. **TALK** to your child about the shape of the end product and **SHARE** the information on how the product no longer looks like a plant. For e.g.: potato – crisps, French fries, Wheat- bread.



<https://www.youtube.com/watch?v=EvtDirN6UHs>



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<p><b>UAE Social Studies</b></p>	<p>To explore the different types of traditional toys.</p> <p>To explore the different types of cultural folktales.</p> <p>To explore the different types of traditions.</p>	<p><b>Talk</b> about the toys you grew up with as a child.</p> <p><b>Encourage</b> your child to talk to an older relative or a grandparent about the toys they played with when they were children.</p> <p><b>Talk</b> about the different cultural folktales in your culture.</p> <p><b>Encourage</b> your child to talk to an older relative or a grandparent about the folktales they heard with when they were children.</p> <p><b>Talk</b> about the different types of traditions (family, world,celebrations, culture etc.)</p> <p><b>Encourage</b> your child to talk to an older relative or a grandparent about the folktales they heard with when they were children. Share an anecdote about a favorite tradition from childhood</p>	<p><a href="https://www.youtube.com/watch?v=EDAPaEVr1Hk">https://www.youtube.com/watch?v=EDAPaEVr1Hk</a></p> <p><a href="https://www.youtube.com/watch?v=aewbOIGXv6s">https://www.youtube.com/watch?v=aewbOIGXv6s</a></p> <p><a href="https://www.youtube.com/watch?v=TyrmcD8Yml0">https://www.youtube.com/watch?v=TyrmcD8Yml0</a></p> <p><a href="https://www.youtube.com/watch?v=IXy-K79QB7k">https://www.youtube.com/watch?v=IXy-K79QB7k</a></p> <p><a href="https://www.youtube.com/watch?v=RwSYrsjTiW4">https://www.youtube.com/watch?v=RwSYrsjTiW4</a></p>
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<p><b>Arabic for Arabs</b></p>	<ol style="list-style-type: none"><li>1. أن يميز التلميذ أشكال وأصوات الحروف التالية (س، ش، ص، ض، ط، ظ).</li><li>2. أن يحدد التلميذ صوت الحرف مع الحركات القصيرة والطويلة.</li><li>3. أن يكتب التلميذ الحرف بصورة صحيحة.</li><li>4. أن يقرأ التلميذ كلمات تتضمن الحرف من خلال النظر للصور.</li><li>5. أن يربط التلميذ بين الحروف التي تم تعلمها لتكوين كلمات جديدة.</li><li>6. أن يصف التلميذ صورًا بشكل صحيح.</li></ol>	<p>مساعدة الابن على نطق الحرف بصورة صحيحة. مساعدة الابن على كتابة الحرف بشكل صحيح . مساعدة الابن في جمع صور لكلمات تحوي الحروف التي تعلمها. مساعدة الابن في إعداد معجم صغير مرفق بصور عن الحروف التي تعلمها. إملاء الحروف التي تم تعلمها بصورة دورية. ربط الحروف الهجائية بحياته اليومية من خلال البحث في ألبابه أو داخل البيت وخارجه عن أشياء تبدأ بالحروف التي تعلمها .</p> <p>يمكن لولي الأمر الدخول من خلال الرابط المرفق لموقع قناة اللغة العربية والتربية الإسلامية الخاص بمدرسة ونشستر ومتابعة التسجيلات الخاصة الدروس ومشاركتها مع التلميذ وتدوين ما تعلمه في دفتره المدرسي.</p>	<p><a href="#">تعلم الحروف العربية مع المعلمة أسماء أنشودة الحروف العربية</a></p> <p><a href="#">أنشودة الحروف</a></p> <p><a href="#">تعلم الكتابة باللغة العربية</a></p> <p><a href="#">قناة اللغة العربية والتربية الإسلامية بمدرسة ونشستر برنامج اقرأ بالعربية</a></p>
<p><b>Arabic for Non Arabs</b></p>	<ul style="list-style-type: none"><li>- The greeting in Arabic, and some Arabic instructions.</li><li>- Arabic numbers (10 to 20)</li><li>- Arabic Alphabets with short vowels, and 3 words as an example of each letter, and how can the student use the suitable verbs and adjectives to create sentences.</li><li>- Arabic song (Days of the week).</li></ul>	<ul style="list-style-type: none"><li>- <b>Encourage</b> your child to practice writing the words learnt at school and to draw them.</li><li>- <b>Encourage</b> your child to practice making sentences using the verbs.</li></ul> <p><b>Go through</b> the links on the Arabic and Islamic YouTube channel so that you can help your child learn more at home about the topic.</p>	<p><a href="#">Learn Arabic and Islamic Arabic Activities</a></p> <p><a href="#">Learn Arabic For Kids Arabic alphabets</a></p> <p><a href="#">Learn New Arabic Vocabulary</a></p> <p><a href="#">Learn Arabic Writing</a></p> <p><a href="#">Learn Arabic numbers</a></p> <p><a href="#">How to say the letters in Arabic</a></p> <p><a href="#">The song of Arabic letters</a></p> <p><a href="#">Arabic and Islamic YouTube Channel</a></p>
<p><b>Islamic for Non Arabs</b></p>	<ul style="list-style-type: none"><li>- Unit 1: I love My Lord.</li><li>- Chapter 5: Surat Al Fatihah</li></ul> <p>Learning objectives:</p> <ul style="list-style-type: none"><li>- To recite Surat Al Fatihah correctly.</li></ul>	<ul style="list-style-type: none"><li>- Talk to your child about the importance of surat al Fatiha and Alikhlas &amp; the straight path is by obey Allah and His prophet Muhammad (P.B.U.H).</li><li>- Share with your child this Hadeeth shareef</li></ul>	<p><a href="#">Islamic work sheets</a></p> <p><a href="#">Surat-ul-Fatiha-repeated</a></p>





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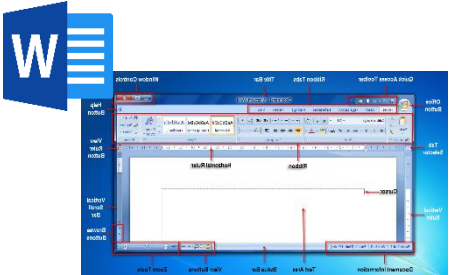
	<p>To understand that Allah is the Beneficent, the Merciful, our lord and the owner of this world and other life.</p> <p>To explain that the straight path is the way leading to the pleasure of Allah and to the garden of Paradise.</p> <p>Surat Al Ikhlas</p> <p>Learning Objectives:</p> <ol style="list-style-type: none"><li>1- Recite Surat Al-Ikhlas correctly according to Tajweed rules.</li><li>2- Find out the importance of Surat Al-Ikhlas.</li><li>3- Give the general meaning of Surat Al-Ikhlas.</li></ol> <p>A Muslim Help his brother.</p> <p>Learning Objectives:</p> <ol style="list-style-type: none"><li>1- Read the Noble Hadith from memory.</li><li>2- Find out that Allah helps a Muslim because he helps his brother.</li></ol> <p>Speak about forms of helping a Muslim brother.</p>	<p>Afdal-u-Thikri La Ilaha Ila Allah.</p> <ul style="list-style-type: none"><li>- Please practice the Wudu step every day with your child to make sure he mastered it.</li><li>- Please encourage your child to learn the Duaa taught in class.</li><li>- Go through the links on the Arabic and Islamic YouTube channel so that you can help your child learn more at home about the topic.</li></ul>	<p><a href="#">Surat Al Iklas</a></p> <p><a href="#">Allah is my lord for kids</a></p> <p><a href="#">Surat Al-Ikhlas</a></p> <p><a href="#">Arabic and Islamic YouTube Channel</a></p>
<p><b>Islamic for Arabs</b></p>	<p>- سورة الناس</p> <p>1- أن يتلو الطالب السورة تلاوة صحيحة.</p> <p>2- أن يستنتج الطالب أهمية الأذكار للتحصين من الشيطان</p> <p>أحسن لجاري</p> <p>1- أن يميز الطالب بعض مواقف الرسول مع جيرانه.</p> <p>2- أن يستنتج الطالب طريقة التعامل مع الجيران.</p>	<p>يساعد ولي الأمر الطالب في حفظ وتلاوة سورة الناس والاستماع إليها من خلال المصحف المعلم.</p> <p>يحث ولي الأمر الطالب على الاقتداء بأخلاق الرسول صلى الله عليه وسلم.</p> <p>حثه على حسن معاملة الجيران.</p> <p>حثه على حسن اختيار الصديق .</p>	<p><a href="#">سورة الناس - المصحف المعلم</a></p> <p><a href="#">الجار والصديق</a></p> <p><a href="#">قناة اللغة العربية والتربية الإسلامية بمدرسة ونشستر</a></p>



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	<p>3- أن يوضح الطالب صور حسن معاملة الجيران.  <b>أبو بكر الصديق</b>          1- أن يتعرف الطالب صحبة أبي بكر للرسول (صلى الله عليه وسلم).          2- أن يدلل الطالب على محبة الرسول(صلى الله عليه وسلم) لأبي بكر الصديق.          3- أن يميز الطالب فضل أبي بكر في الإسلام .</p>	<p>توفير فيديوهات للطالب عن مولد الرسول صلى الله عليه وسلم.          يمكن لولي الأمر الدخول من خلال الرابط المرفق لموقع قناة اللغة العربية والتربية الإسلامية الخاص بمدرسة ونشستر ومتابعة التسجيلات الخاصة بالدرس ومشاركتها مع التلميذ وتدوين ما تعلمه في دفتره المدرسي.</p>	
<p><b>ICT</b></p>	<p><b>MS word</b>          To explore the different features of MS Word.</p> 	<p><b>TALK</b> to you child about the different bars on the MS Word document.</p> <p><b>ENCOURAGE</b> your child to explore and understand the different bars like; title bar, menu bar, tool bar, ribbon.</p> <p><b>Explore, Research and SHARE</b> information on the functions of different bars of a word document with your child.          Encourage your child to observe different bars of a word document and its uses. Challenge them to identify the different features of each bar and its uses.</p>	<p><a href="https://www.youtube.com/watch?v=jRN-JoOTqMk&amp;t=167s">https://www.youtube.com/watch?v=jRN-JoOTqMk&amp;t=167s</a></p> <p><a href="https://www.youtube.com/watch?v=PqhVJzi6oZQ&amp;feature=youtu.be">https://www.youtube.com/watch?v=PqhVJzi6oZQ&amp;feature=youtu.be</a></p>
<p><b>Physical Education</b></p>	<p><b>Body balance workout:</b></p> <p>During BODYBALANCE the focus is on improving functional core <b>strength</b>, enhancing joint mobility and creating a sense of wellbeing and calm, not calorie-burn.</p>	<p><b>Talk and Encourage the children to do the following:</b></p> <ul style="list-style-type: none"> <li>• One leg balance</li> <li>• Jump and land on one foot.</li> <li>• Hopping</li> <li>• Walking on the straight line.</li> <li>• Hold the body in T position.</li> </ul>	<p><b>Useful sites:</b></p> <p><a href="http://www.pecentral.org">www.pecentral.org</a></p> <p><a href="https://www.youtube.com/watch?v=uy5pnX4xAuw">https://www.youtube.com/watch?v=uy5pnX4xAuw</a></p>



### Strength workout:

Strength exercise, or resistance training, works your muscles by using resistance, like your own body weight. This type of exercise increases lean muscle mass, which is particularly important for weight loss, because lean muscle burns more calories than other types of tissue.

### Flexibility workout:

To improve mobility, posture, muscle coordination, reduce the risk of injuries and muscle soreness. It even leads to a better overall “shape”.

### Jumping workout:

Focus is on to improve their jumping/reach ability by doing different kind of jumping and explosive exercises. This high-intensity **workout helps** build speed, power, and cardiovascular **fitness**. It targets the glutes, quads, and calves.



### Talk and Encourage the children to do the following:

- Squats
- Sit-ups
- Leg raises
- Superman position
- Jumping on the spot.



### Talk and Encourage the children to do the following:

- Side bends
- Cat stretches
- Standing hamstring stretch
- Side reach and stretch
- Alternate toe touch
- Superman stretches



[www.pecentral.org](http://www.pecentral.org)

[https://www.youtube.com/watch?v=OoG005\\_yvQg](https://www.youtube.com/watch?v=OoG005_yvQg)

[www.pecentral.org](http://www.pecentral.org)


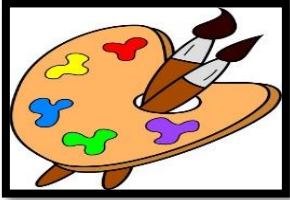
<https://www.youtube.com/watch?v=oc4QS2USKmk>



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		<p><b>Talk and Encourage the children to do the following:</b></p> <ul style="list-style-type: none"><li>• Tuck jump</li><li>• Depth jump</li><li>• Star jump</li><li>• Broad jump</li><li>• Jumping jacks</li></ul> 	<p><a href="http://www.pecentral.org">www.pecentral.org</a></p> <p><a href="https://www.youtube.com/watch?v=LWQxUoHtoVo">https://www.youtube.com/watch?v=LWQxUoHtoVo</a></p>
<p><b>Creative mind</b></p>	<p><u>Drawing and painting</u> To use drawing, painting to develop and share their ideas, experiences and imagination</p> 	<p><b>Encourage</b> your child to experiment using a range of pencils. Pressing on hard, soft, different lines, marks etc. Applying basic brush skills e.g. correct amount of paint on the brush, long and short strokes, different directions etc.</p> <p><b>Talk</b> to your child about correct brush size for different parts of painting.</p>	<p><a href="https://www.youtube.com/watch?v=KjcaCmlhcgI">https://www.youtube.com/watch?v=KjcaCmlhcgI</a></p> <p><a href="https://www.youtube.com/watch?v=xSsdnC896pU">https://www.youtube.com/watch?v=xSsdnC896pU</a></p>



# The Winchester School

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<b>Music Year01 (Kiko)</b>	<p>Improving children's confidence and musicality through singing actions songs.</p> <p>We now started singing one by one.</p>	<ul style="list-style-type: none"><li>• Let the children sing action songs at home.</li><li>• Ask the child to perform the songs we learned in school.</li><li>• Help the child choose which other songs they know aside from the songs taught in school and let them invent their own singing actions.</li></ul>	<p><a href="https://www.youtube.com/watch?v=di8Fq2zzaWU">https://www.youtube.com/watch?v=di8Fq2zzaWU</a></p>
<b>Music Year01 (Sunil)</b>	<p>Read and play Musical notes with the help some words (Bee, Glow- worm, Butterfly and caterpillar)</p>	<ul style="list-style-type: none"><li>• Let the Children play the rhythm with the help of words by clapping (Bee, Glow- worm, Butterfly and caterpillar)</li></ul> <p>Ask the child how to play Music with the help of (Bee, Glow- worm, Butterfly and caterpillar) by clapping</p>	