



# The Winchester School

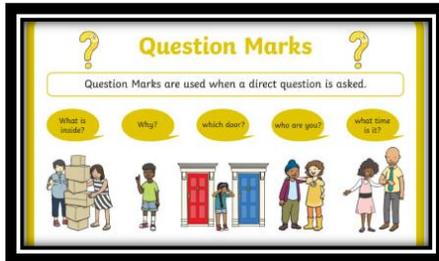
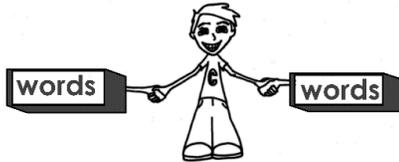
## Year 1 Family Learning Newsletter October 2021



Area of learning	Focus	Home activities/How can you help your child at home.	Useful websites
<p><b>Literacy</b></p>	<p><b>Spelling</b> To use phonic knowledge to make ff, ll, ss and zz, words. E.g.: <b>off, ill, glass, buzz</b></p>  <p><b>Punctuation</b> To identify the use of full stops, capital letters and question marks.</p> <p><b>Grammar</b> <b>Nouns</b></p>	<p>Fold three columns on a piece of paper, and label one column 'trace', the next 'copy' and the last 'recall'. Write the word in the first column, and have your child trace the letters. Next have your child copy the word by looking at what he /she's just written. Finally, have your child fold (and hide) the first two columns and recall the spelling of the word independently.</p>  <p><b>Encourage</b> him/her to find words with ff, ll, ss, zz, and nk words. Example – puff, wall, grass, fizz, sink. <b>Discuss</b> the pronunciation of these words.</p> <p>Read along with your child and emphasize on the use of capital letters, full stops and connectives.</p>	<p><a href="#">Phonic sound ff, ll, ss and zz</a></p> <p><a href="#">The sentence song</a> <a href="#">The Capital Letters and Full Stops Song</a></p> <p><a href="#">Connective 'and'</a> (Focus on connective – 'and')</p>

## Adjectives

To build sentences using 'and'.



**Talk** about capital letters, full stops, question mark and connective. Show simple sentences from various books/magazines/newspapers to make him/her understand it better. Now write simple sentences on sentence strips and encourage your child to punctuate it.

**Encourage** your child to understand the basic connective 'and' in their sentences to join two words or two simple sentences. Give your child to look at any picture and give two simple sentences. Then challenge them to join the sentences using 'and' as a connective.

**Question Mark:** The question mark is a punctuation mark that is used at the end of a sentence when asking a question. The main purpose of a question mark is **to indicate that a sentence is a question.** ( using Wh - who, what, when, where, why.

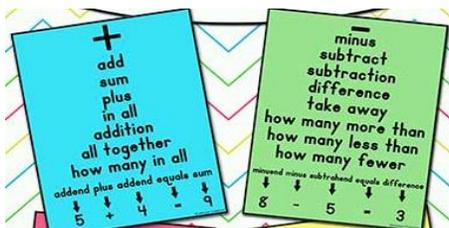
**Nouns -** Nouns are naming words. They are the names of people, places, animals and things. Human qualities, emotions and feelings also are nouns.

## Fairy tales





- To find one more/one less than any 2-digit number.



- To focus on different vocabulary of addition and subtraction.

- To represent and use number bonds and related subtraction facts.

- To add and subtract one-digit and two-digit numbers to 20, including zero

**Talk** to your child to focus and stress on the vocabulary of addition and subtraction. E.g. more, less, left, remaining, total, altogether, sum, plus, minus, difference, take away, add, subtract. Further ask them to make a poster and play vocabulary sorting games. Ask questions like what is 17 take away 4? How did you work out the answer?

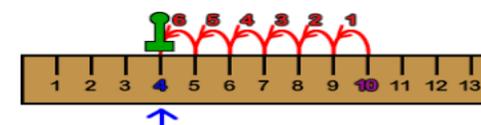
**Encourage** your child to partition 12 into different pairs. They can use 12 spoons, pencils or marbles and divide them into 2 groups. Later they can count how many in each group and record it in an addition sentence. E.g.  $3 + 9 = 12$  or  $6 + 6 = 12$ . Further rearrange the numbers to make related subtraction fact e.g.  $12 - 3 = 9$  or  $12 - 6 = 6$

**Talk** about a huge elevated building where there is a lift and 6 children get in from ground floor. Then 4 more enter from the 5<sup>th</sup> floor. After which 3 more enter from the 9<sup>th</sup> floor and then 4 of get off on the 10<sup>th</sup> floor. Later all of them got out of the lift at the top most floor to visit the pool. How many children reached the top floor? Repeat the activity with different numbers.

Further you can do some activities together For addition, put the cards 6 to 15 in one shuffled pile and the cards 0 to 5 in a second shuffled pile.

Take turns to turn over the top card from both piles and add the two numbers together. (Reject the card from the 6 to 15 pile, put it to the bottom of the pile and turn over the next one if the total would be greater than 15.)

For subtraction, put the cards 11 to 15 in one pile and the cards 0 to 10 in a second pile. One person turns over the top card from



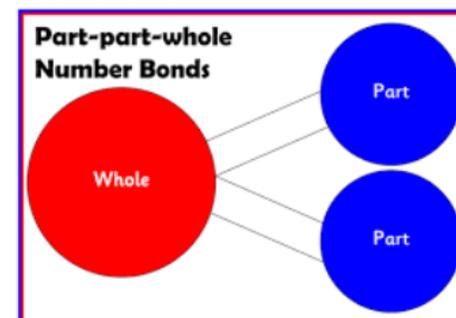
[more and less than](#)

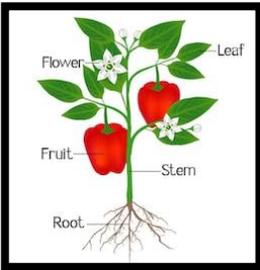
[addition and subtraction vocabulary](#)

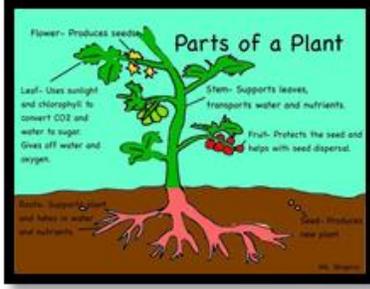
[Number bonds](#)

**I pad application**

Maths Wise  
Math in a flash



		<p>each pile and subtracts the smaller number from the larger number. Write the subtraction fact using the symbols – and =.</p> <p><b>Challenge task</b> Partition number 17 and find the addition and related subtraction fact.</p> $\square + \square = 17$ $17 - \square = \square$	
<p><b>Science</b></p>	<p><b><u>Growing Plants</u></b></p> <ul style="list-style-type: none"> <li>To identify and explore the different parts of the plant. Children will also become aware of ways in which plants should be treated with sensitivity.</li> </ul>  <p>To explore the functions of the different parts of the plant.</p>	<p><b>TALK</b> to your child about growing a plant together and help them grow it and observe the different parts</p> <p><b>ENCOURAGE</b> your child to <b>SHARE</b> his/her observation with friends.</p> <p><b>ENCOURAGE</b> your child to do research on some websites on the internet or books together to learn more about plants. Different types of plants like: desert, water, under water etc. Make a project with pictures and description.</p> <p><b>Explore, Research</b> and <b>SHARE</b> information on the functions of different parts of a plant with your child. Encourage your child to observe different plants in the immediate environment. Challenge them to identify the different parts of the</p>	<p><a href="https://www.youtube.com/watch?v=p3St51F4kE8">https://www.youtube.com/watch?v=p3St51F4kE8</a></p> <p><a href="https://www.youtube.com/watch?v=X6TLFZUC9gI">https://www.youtube.com/watch?v=X6TLFZUC9gI</a></p>



plant and compare with other plants. Eg: Date palm with Powder puff tree. Compare the trunk, leaves, and the tree.

Arabic for  
Arabs

1. أن يميز التلميذ أشكال وأصوات حروف الهجاء (خ، د، ذ، ر، ز).
2. أن يحدد التلميذ صوت الحرف مع الحركات القصيرة والطويلة.
3. أن يكتب التلميذ الحرف بصورة صحيحة.
4. أن يدلل التلميذ بكلمات تتضمن تلك الحروف.
5. أن يقرأ التلميذ كلمات تتضمن تلك الحروف.
6. أن يربط التلميذ الحروف التي تعلمها؛ ليكون كلمات جديدة.
7. أن يصيغ التلميذ جملاً تحوي تلك الكلمات.

- مساعدة الابن على نطق الحرف بصورة صحيحة.
  - مساعدة الابن على كتابة الحرف بشكل صحيح .
  - مساعدة الابن في جمع صور لكلمات تحوي الحروف التي تعلمها.
  - مساعدة الابن في إعداد معجم صغير مرفق بصور عن الحروف التي تعلمها.
  - إملاء الحروف التي تم تعلمها بصورة دورية.
  - ربط الحروف الهجائية بحياته اليومية من خلال البحث في أعباه أوداخل البيت وخارجه عن أشياء تبدأ بالحروف التي تعلمها .
- يمكن لولي الأمر الدخول من خلال الرابط المرفق لموقع قناة اللغة العربية والتربية الإسلامية الخاص بمدرسة ونشستر ومتابعة التسجيلات الخاصة بالدروس ومشاركتها مع التلميذ وتدوين ما تعلمه في دفتره المدرسي.

[أنشودة الحروف العربية](#)

[أنشودة الحروف](#)

[تعلم الكتابة باللغة العربية](#)

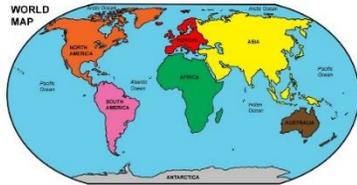
[منصة اقرأ بالعربية](#)

[قناة اللغة العربية والتربية الإسلامية بمدرسة ونشستر](#)

<p><b>Arabic for Non- Arabs</b></p>	<p>The greeting in Arabic and some Arabic instruction. Some Arabic phrases. Arabic number (1 to 10) Arabic Alphabets (خ-د-ذ-ر-ز) with short vowels and 3 words as an example of each letter. To distinguish the shape of the letters at the beginning, middle and the end of the word.</p> <p>To create simple sentences in Arabic (speaking)</p>	<p>We send every new lesson the new words with its meanings and pronunciation. Encourage your child to practice writing the words he learnt at school and to draw them. He/She should practice writing his/her own name in Arabic.</p> <p>Go through the links on the Arabic and Islamic YouTube channel so that you can help your child learn more at home about the topic</p>	<p><a href="#">Arabic alphabets</a></p> <p><a href="#">Learn Arabic Writing</a></p> <p><a href="#">Learn Arabic numbers</a></p> <p><a href="#">Arabic and Islamic YouTube Channel</a></p>
<p><b>Islamic for Arabs</b></p>	<p><b>سورة الإخلاص</b></p> <p>1- أن يتلو الطالب السورة تلاوة صحيحة. 2- أن يميز الطالب بعض صفات التوحيد. 3- أن يميز الطالب قدرة الله على كل شيء</p> <p><b>مولد الرسول صلى الله عليه وسلم</b></p> <p>1- أن يميز التلميذ قصة مولد الرسول صلى الله عليه وسلم . 2- أن يوضح التلميذ نسب الرسول صلى الله عليه وسلم. 3- أن يوضح الطالب أهمية مكة المكرمة</p> <p><b>الصدق</b></p> <p>1- أن يستنتج الطالب أهمية الصدق. 2- أن يعدد الطالب بعض صور الصدق. 3- أن يستنتج الطالب جزاء الصادقين .</p>	<p><b>يساعد ولي الأمر التلميذ في:</b></p> <p>حفظ سورة الإخلاص. تعلم بعض أسماء الله الحسنى حث الطالب على الالتزام بأداب التلاوة</p> <p>مشاهدة فيديوهات عن مولد الرسول. مشاهدة فيديوهات عن الصدق. يمكن لولي الأمر الدخول من خلال الرابط المرفق لموقع قناة اللغة العربية والتربية الإسلامية الخاص بمدرسة ونشستر ومتابعة التسجيلات الخاصة بالدروس ومشاركتها مع التلميذ وتدوين ما تعلمه في دفتره المدرسي.</p>	<p><a href="#">سورة الإخلاص</a></p> <p><a href="#">مولد الرسول</a></p> <p><a href="#">مولد الرسول 2</a></p> <p><a href="#">الصدق</a></p> <p><a href="#">قناة اللغة العربية والتربية الإسلامية بمدرسة ونشستر</a></p>
<p><b>Islamic for Non -Arabs</b></p>	<p>Pillars of Islam</p> <p>Learning Objectives: To mention the five pillars of Islam.</p>	<p>1- Talk to your child about who is our prophet Muhammad (PBUH). 2- Share with your child this Hadeeth shareef Afdal-u-Thikri La Ilaha Ila Allah.</p>	<p><a href="#">Nasheed - Allah Created Everything</a></p> <p><a href="#">The five pillars of Islam</a></p>



To use world maps, atlases and globes to identify the continents and oceans studied in this year.



**Explore, Research** and **SHARE** information by exploring and using world maps, atlases and globes to identify the continents and oceans.

[https://www.youtube.com/watch?v=wYYakyS\\_HOg](https://www.youtube.com/watch?v=wYYakyS_HOg)

**UAE Social Studies**

- **To explore other cultures with different food.**

**Talk** about the different cultural food.

**Encourage** your child to find more about the different cultural food.

**Share** with your child the importance of food.

<https://www.youtube.com/watch?v=XIN!8YvzxMc>

- **Cultural Games**

**Talk** about the importance of cultural games.

**Encourage** your child to find out the various cultural games.

**Share** with your child why games are important.

<https://www.whatdowedoallday.com/traditional-games/>

**Physical Education**

**Body balance workout:**

During BODYBALANCE the focus is on improving functional core **strength**, enhancing joint mobility and creating a sense of wellbeing and calm, not calorie-burn.

**Strength workout:**

Strength exercise, or resistance training, works your muscles by using resistance, like your own body weight. This type of exercise increases lean muscle mass, which is particularly important for weight loss, because lean muscle burns more calories than other types of tissue.

**Flexibility workout:**

To improve mobility, posture, muscle coordination, reduce the risk of injuries and muscle soreness. It even leads to a better overall “shape”.

**Talk and Encourage the children to do the following:**

- One leg balance
- Jump and land on one foot.
- Hopping
- Walking on the straight line.
- Hold the body in T position.



**Talk and Encourage the children to do the following:**

- Squats
- Sit-ups
- Leg raises
- Superman position
- Jumping on the spot.



**Talk and Encourage the children to do the following:**

- Side bends
- Cat stretches
- Standing hamstring stretch
- Side reach and stretch
- Alternate toe touch
- Superman stretches

**Useful sites:**

[www.pecentral.org](http://www.pecentral.org)

<https://www.youtube.com/watch?v=uy5pnX4xAuw>

[www.pecentral.org](http://www.pecentral.org)

[https://www.youtube.com/watch?v=OoG005\\_yvQg](https://www.youtube.com/watch?v=OoG005_yvQg)

[www.pecentral.org](http://www.pecentral.org)

<https://www.youtube.com/watch?v=oc4QS2USKmk>

	<p><b><u>Jumping workout:</u></b></p> <p>Focus is on to improve their jumping/reach ability by doing different kind of jumping and explosive exercises. This high-intensity <b>workout helps</b> build speed, power, and cardiovascular <b>fitness</b>. It targets the glutes, quads, and calves.</p>	 <p><b><u>Talk and Encourage the children to do the following:</u></b></p> <ul style="list-style-type: none"> <li>• Tuck jump</li> <li>• Depth jump</li> <li>• Star jump</li> <li>• Broad jump</li> <li>• Jumping jacks</li> </ul> 	<p><a href="http://www.pecentral.org">www.pecentral.org</a></p> <p><a href="https://www.youtube.com/watch?v=LWQxUoHtoVo">https://www.youtube.com/watch?v=LWQxUoHtoVo</a></p>
<p><b>Music Year01 (Kiko)</b></p>	<ul style="list-style-type: none"> <li>• Improving children’s confidence and musicality through singing actions songs.</li> </ul>	<ul style="list-style-type: none"> <li>• Let the children sing action songs at home.</li> <li>• Ask the child to perform the songs we learned in school.</li> <li>• Help the child choose which other songs they know aside from the songs taught in school and let them invent their own singing actions.</li> </ul>	<p><a href="https://www.youtube.com/watch?v=di8Fq2zzaWU">https://www.youtube.com/watch?v=di8Fq2zzaWU</a></p>

<p><b>Music Year01 (Sunil)</b></p>	<p>Read and play Musical notes with the help some words (Bee, Glow- worm, Butterfly and caterpillar)</p>	<ul style="list-style-type: none"> <li>Let the Children play the rhythm with the help of words by clapping (Bee, Glow- worm, Butterfly and caterpillar)</li> </ul> <p>Ask the child how to play Music with the help of (Bee, Glow- worm, Butterfly and caterpillar) by clapping</p>	
<p><b>ICT</b></p>	<p><b>Tux paint</b> To explore the features of Tux paint To use drawing tools to design to accomplish specific goals</p>  <p><b>Input device- MOUSE</b> To explore and demonstrate different mouse skills. Children will be able to demonstrate basic mouse skills with support.</p> 	<p><b>TALK</b> to your child how to use the blank canvas and a variety of drawing tools of Tux paint and be creative.</p> <p><b>ENCOURAGE</b> your child to <b>SHARE</b> his/her observation with friends.</p> <p><b>ENCOURAGE</b> your child to explore and use the drawing tools to design a specific object</p> <p><b>TALK</b> to your child how to use the mouse to control the computer.</p> <p><b>ENCOURAGE</b> your child to <b>SHARE</b> his/her observation with friends.</p> <p><b>ENCOURAGE</b> your child to explore and demonstrate how to control the computer using the input device mouse.</p>	<p><a href="https://www.youtube.com/watch?v=HBK Y0Fkej6g">https://www.youtube.com/watch?v=HBK Y0Fkej6g</a></p> <p><a href="https://www.youtube.com/watch?v=YBa NeVIQE3g">https://www.youtube.com/watch?v=YBa NeVIQE3g</a></p> <p><a href="https://www.youtube.com/watch?v=TgZ ZTuwB7cw">https://www.youtube.com/watch?v=TgZ ZTuwB7cw</a></p> <p><a href="https://www.youtube.com/watch?v=PoN U_wvkAns">https://www.youtube.com/watch?v=PoN U_wvkAns</a></p> <p><a href="https://www.happyclicks.net/click-tap-games/toddlers_games_objects.php">https://www.happyclicks.net/click-tap-games/toddlers_games_objects.php</a></p>

