

### **Stay at Home if you are unwell- COVID Leave Policy**

Dear Parents,

Greetings. Trust you are all safe and well!

Please find attached the [Stay at Home if Unwell – COVID Leave Policy](#) and [DHA COVID- 19 Process Maps](#). Please read them very carefully and follow them in everyone’s best interests.

**Please see below an outline of important information to keep our community safe.**

According to the DHA, KHDA and GEMS Policies, children and staff should stay home from school/work if displaying any of the following COVID-19 symptoms:

- Fatigue and body aches
- Diarrhea and nausea
- Shortness of breath and difficulty breathing
- Dry cough
- Headache
- Sore throat
- Runny nose or nasal congestion
- Loss of sense of smell or taste
- Fever - you should not go to school/work if your temperature is greater than or equal to 37.5°C.

People need to be fever-free for 24 hours without the help of a fever-reducing medication before they return to school/work.

If your child is showing any of the following symptoms, developed in the morning or at night before sleeping, **DO NOT SEND** them to the school.

If the student comes with any of these symptoms, the medical team will consider the student as a suspected case, will isolate them right away and will be asking for a PCR test to be done.

#### **The DHA – COVID -19 process maps share the following:**

##### **Process map for Students and staff developing symptoms at home:**

- If staff or student have symptoms at home, they need to see their physician and get medical certificate( their doctor will decide if PCR will be conducted or not). If their physician advice for PCR test, we also need the result together with the medical certificate. Only with **medical certificate with the diagnosis fit to go back to school** or **negative PCR** result will be accepted.

##### **Process map for student who travelled abroad:**

- If the student travelled abroad, they need to have PCR done in UAE or complete the 14 days quarantine at home. If within the 14 days quarantine and the student develop symptoms, they have to seek medical advice including conducting PCR test.



**Process map for close contact with positive case:**

- If the staff or student is in contact with a positive case, they have to undergo 14 days quarantine. If symptoms start to develop, they should seek medical advice and PCR to be done. If no symptoms during the 14 days, they can come back to school.

**Process map for the clinic:**

- If the staff or student is showing symptoms of a suspected case, they will be sent home and can only be accepted back in school after the negative result of PCR.

**We look forward to your understanding and support and are very confident that all stakeholders will help keep the community safe by following the expectations.**

Warm Regards,

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