THE WINCHESTER SCHOOL, JEBEL ALI

Date: 23rd September 2026	**Audience:** Foundation Stage Students	**Venue:** FS Area

Title: Dental Hygiene Awareness

Presenters /Conductors: Dr.Yousra Elawany-School Doctor

Aims & Objective:

- To help children understand the importance of dental hygiene and develop healthy habits such as brushing twice a day, making healthy food choices, and caring for their teeth regularly.

Summary: FS children participated in an engaging session led by Dr. Yousra, the school doctor, on the importance of dental hygiene. During the session, children learned why taking care of their teeth is essential for keeping their mouth healthy and their smiles bright. They were shown the correct way to brush their teeth and learned about the importance of brushing twice a day and visiting the dentist regularly. The session also encouraged children to make healthy food choices and develop good dental hygiene habits as part of their daily routine.

Pictures / Flyers Etc.:

Student/Parent/Teacher Feedback: Ms. Sadaf Rizvi, Form Tutor of FS2 C, said, “The dental hygiene session was informative and engaging. Children learned the importance of brushing their teeth regularly, making healthy food choices, and developing good oral hygiene habits.”

Organised by: Dr. Yousra Elawany, School Doctor