



# The Winchester School

## Year 7- Family Learning Newsletter – January - 2026

SUBJECT	FOCUS	ACTIVITIES	WEBSITES
ENGLISH	<p><b>Topic: Character Analysis</b></p> <p><b>Learning Objectives:</b></p> <ul style="list-style-type: none"> <li>❖ To compose an informal letter from a character's viewpoint.</li> </ul>	<p><b>Activities:</b></p> <p><b>Motivate your child to</b> write a letter to a character in their favorite novel, asking for advice on a challenge they might be facing in their own life.</p> <p><b>Checklist:</b></p> <ol style="list-style-type: none"> <li>a. Tone: Make the letter friendly and respectful.</li> <li>b. Voice: Use a conversational, approachable tone that reflects the character's viewpoint, thoughts, feelings and background</li> <li>c. Register: Keep the language informal but polite.</li> <li>d. Personalisation: Refer to and link key events in the book to your audience.</li> <li>e. Vocabulary: Choose appropriate and thoughtful words that express the issue clearly.</li> <li>f. SPAG: Ensure correct spelling, punctuation, and grammar in every sentence</li> </ol>	<p><a href="https://www.bbc.co.uk/bitesize/articles/z498dp3">https://www.bbc.co.uk/bitesize/articles/z498dp3</a></p> <p><a href="https://www.masterclass.com/articles/how-to-write-unique-character-voice">https://www.masterclass.com/articles/how-to-write-unique-character-voice</a></p>
MATHS	<p><b>Topic - Decimal operations, FDP</b></p> <p><b>Learning Objectives:</b></p> <ul style="list-style-type: none"> <li>❖ To understand the concept of adding and subtracting decimals and develop</li> </ul>	<p><b>Activities:</b> Encourage your child to</p> <ul style="list-style-type: none"> <li>❖ Apply the skills of adding and subtracting decimals to make budgeting and financial decisions.</li> <li>❖ Add and Subtract Decimals in Financial Literacy such as financial decision-making, including the importance of saving, avoiding unnecessary expenses, and making informed choices. Facilitate</li> </ul>	<p><a href="https://numberdyslexia.com/decimal-examples-and-applications-in-real-life/">https://numberdyslexia.com/decimal-examples-and-applications-in-real-life/</a></p> <p><a href="https://piacademy.co.uk/gcse-maths-topic/numbers/decimals/">https://piacademy.co.uk/gcse-maths-topic/numbers/decimals/</a></p>



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	<p>proficiency in performing these operations accurately.</p> <ul style="list-style-type: none"> <li>❖ Apply multiplication and division of decimals to solve problems in various contexts.</li> <li>❖ To Apply the skills of Addition, subtraction, multiplication and division of decimals to real-life situations.</li> <li>❖ To understand and apply the concept of Fraction-Decimal-Percentage (FDP) conversions in various contexts.</li> </ul>	<p>reflections on the impact of accurate calculations and responsible financial management on individuals' financial well-being and the broader society.</p> <ul style="list-style-type: none"> <li>❖ Connect the activity to broader moral values, such as integrity, discipline, and responsibility, emphasizing how responsible financial management aligns with these values.</li> <li>❖ Think the cross-curricular link is to explore the concept of measurements and calculations in scientific experiments. Students can apply their understanding of multiplication and division of decimals to analyse and interpret experimental data.</li> <li>❖ Linking FDP (Fractions, Decimals, and Percentages) to personal finance and budgeting provides a practical and relevant context for students to apply their mathematical skills.</li> <li>❖ Link FDP with Art and it can be applied to various artistic elements, such as colour mixing, proportion, and composition.</li> </ul>	<p><a href="https://www.transum.org/Software/SW/Starter%20of%20the%20day/starter%20December%207.ASP">https://www.transum.org/Software/SW/Starter of the day/starter December 7.ASP</a></p> <p><a href="https://nrich.maths.org/9325">https://nrich.maths.org/9325</a></p> <p><a href="https://thirdspacelearning.com/gcse-maths/number/fractions-decimals-and-percentages/">https://thirdspacelearning.com/gcse-maths/number/fractions-decimals-and-percentages/</a></p>
<p>SCIENCE</p>	<p><b>Topic: ELEMENTS</b></p> <ul style="list-style-type: none"> <li>❖ To navigate the Periodic Table and identify some of the elements; identify features of the Periodic Table.</li> <li>❖ Interpret chemical symbols of elements</li> <li>❖ Differentiate between 'element' and 'atom'</li> </ul>	<p><b>Activities:</b></p> <ul style="list-style-type: none"> <li>❖ Encourage your ward to read about the Periodic Table and <a href="https://edpuzzle.com/search?q=periodic%20table%20">watch the video about the history of periodic table</a></li> <li>❖ Motivate your ward to make a picture-compilation of uses of the first 20 elements in the periodic table using <b>PADLET</b>.             <ul style="list-style-type: none"> <li>○ <a href="https://padlet.com/">https://padlet.com/</a></li> </ul> </li> </ul>	<p><a href="https://www.bbc.com/bitesize/guides/z9nqj/revision/1/1">Symbols and formulae - BBC Bitesize</a></p> <p><a href="https://edpuzzle.com/search?q=periodic%20table%20">https://edpuzzle.com/search?q=periodic%20table%20</a></p>



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	<p><b>Metals non metals and metalloids</b></p> <ul style="list-style-type: none"><li>❖ Recognise the properties and uses of metals, non-metals and metalloids.</li><li>❖ Justify the selection of metals and alloys for specific uses.</li></ul>	<ul style="list-style-type: none"><li>❖ Help your ward to make one full lesson presentation about the parts of the periodic table of elements using <b>CANVA</b> or <b>BOOK CREATOR</b>.<ul style="list-style-type: none"><li>○ <a href="https://www.canva.com/">https://www.canva.com/</a></li></ul></li><li>❖ Help your ward to make simple atom model using clay or any other available materials</li><li>❖ Encourage your ward to make a powerpoint presentation on Metals, non-metals and Metalloids. State their properties. Give any three real life application of each <a href="https://www.bbc.co.uk/bitesize/guides/zqsxrxw/revision/1">https://www.bbc.co.uk/bitesize/guides/zqsxrxw/revision/1</a></li></ul>	<p><a href="https://edpuzzle.com/search?q=atom%20model">https://edpuzzle.com/search?q=atom%20model</a></p> <p><a href="https://edpuzzle.com/media/67226c0bd8b9da52824654d0">https://edpuzzle.com/media/67226c0bd8b9da52824654d0</a></p>
ARABIC (Arabs)	<p><b>Topic:</b></p> <p>قصة: إن غداً لناظره قريب قصيدة: أعطني الناي بلاغة: المقابلة كتابة: مقال</p> <p><b>Learning Objectives:</b></p> <p>أن يحلل الطالب فكرة القصة أن يحلل الطالب عناصر القصة الرئيسية أن يدلل الطالب على تقنيات الكتابة</p>	<p><b>Activities:</b></p> <p>يحلل الطالب فكرة القصة يحلل الطالب عناصر القصة الرئيسية يدلل الطالب على تقنيات الكتابة يدلل الطالب على عاطفة الشاعر في القصيدة يستخرج مظاهر البلاغة من الأبيات يدلل الطالب على المقابلة بالشواهد يميز بين الطباق والمقابلة يكتب الطالب مقالا حول ظاهرة مراعيًا العناصر الفنية لكتابة المقال</p>	<p><a href="#">حل درس ان غدا لناظره قريب للصف السابع لغة عربية فصل ثاني - سراج</a></p> <p><a href="#">حل قصيدة أعطني الناي اللغة العربية الصف السابع - سراج</a></p> <p><a href="#">المقابلة في اللغة العربية: تعريفها، وأنواعها مع أمثلة عليها</a></p>



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	<p>أن يدلل الطالب على عاطفة الشاعر في القصيدة</p> <p>أن يستخرج مظاهر البلاغة من الأبيات</p> <p>أن يدلل الطالب على المقابلة بالشواهد</p> <p>أن يميز بين الطباق والمقابلة</p> <p>أن يكتب الطالب مقالا حول ظاهرة مراعيًا العناصر الفنية لكتابة المقال</p>		<p><a href="#">كيفية كتابة مقال ناجح: 7 خطوات لتحقيق التميز</a></p>
<p>ISLAMIC STUDIES (Arabs)</p>	<p><b>Topic:</b> سورة الملك 14-1 - سبيل الهداية</p> <p>حديث المؤمن بين الشكر والصبر</p> <p><b>Learning Objectives:</b></p> <p>1. أقرأ الآيات مع مراعاة أحكام التلاوة-1</p> <p>2. أصف أهل الجنة-2</p> <p>3. أحرص على الطاعة، والفوز برضوان الله-3</p> <p>4. أفسر مفردات الآيات، وأوضح المعنى الإجمالي لها-4</p> <p>1. أقرأ الحديث قراءةً سليمةً معبرة-1</p> <p>2. أشرح الحديث الشريف-2</p> <p>3. بيان حالات المؤمن كما وردت في الحديث الشريف-3</p>	<p><b>Activities:</b></p> <p>من خلال معنى الآيات وبالتعاون مع زملائك اكتب قائمة بالأعمال التي ينبغي علينا القيام بها ليرتفع ميزان حسناتنا يوم القيامة.</p> <p>استخرج من الآيات ما يفيد المعاني التالية:</p> <ul style="list-style-type: none"><li>- المؤمن يسرع في سعيه لنشر الخير -</li><li>- عبادة الإنسان لمن خلقه أمر واجب -</li></ul> <p>فكر وقارن بين حالات المؤمن في السراء والضراء - مع الدليل من القرآن والحديث</p> <p>اقرأ وابحث عن قصة لأحد الصالحين أو الأنبياء تظهر فيها قيمة الصبر وفضائله ثم قصة أخرى تتجلى فيها قيمة الشكر وآثاره</p> <ul style="list-style-type: none"><li>- اذكر فوائد شكر الله على نعمه من خلال توضيح عدد من النعم على الإنسان وكيف نشكر الله على تلك النعم. مع الدليل على ذلك من القرآن والحديث.</li></ul>	<p><a href="https://www.youtube.com/watch?v=ARw-qlOfP-M">https://www.youtube.com/watch?v=ARw-qlOfP-M</a></p> <p><a href="https://surahquran.com/page/562.html">https://surahquran.com/page/562.html</a></p> <p><a href="https://surahquran.com/tafsir-mokhtasar/562.html">https://surahquran.com/tafsir-mokhtasar/562.html</a></p> <p><a href="https://seraj-uae.com/file/586/">https://seraj-uae.com/file/586/</a></p> <p><a href="https://www.uae-study.com/file/56970/">https://www.uae-study.com/file/56970/</a></p> <p><a href="https://seraj-uae.com/file/463/">https://seraj-uae.com/file/463/</a></p>



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			<p><a href="https://www.youtube.com/watch?v=aGbOcnC9hFQ">https://www.youtube.com/watch?v=aGbOcnC9hFQ</a></p> <p><a href="https://ar.islamway.net/article/80467/%D8%AD%D9%8A%D8%A7%D8%A9-%D8%A7%D9%84%D9%85%D8%A4%D9%85%D9%86-%D8%A8%D9%8A%D9%86-%D8%A7%D9%84%D8%B5%D8%A8%D8%B1-%D9%88%D8%A7%D9%84%D8%B4%D9%83%D8%B1">https://ar.islamway.net/article/80467/%D8%AD%D9%8A%D8%A7%D8%A9-%D8%A7%D9%84%D9%85%D8%A4%D9%85%D9%86-%D8%A8%D9%8A%D9%86-%D8%A7%D9%84%D8%B5%D8%A8%D8%B1-%D9%88%D8%A7%D9%84%D8%B4%D9%83%D8%B1</a></p>
ARABIC (Non- Arabs)	<p><b>Topic:</b>مهرجان التسوق</p> <p><b>Learning Objectives:</b></p> <p>مهرجان عن يخبره لصديق رسالة يكتب أن دبي في التسوق والمشتري البائع بين حوار يكتب أن المستقبل في التسوق يصف أن</p>	<p><b>Activities:</b></p> <p>التسوق في دبي مهرجان عن حوار تسجيل كتابة رسالة عن التسوق وصف التسوق في المستقبل مقارنة بين الأطعمة الصحية وغير الصحية كتابة مقال عن التسوق</p>	<p><a href="https://kalimatschool.com/activities/">https://kalimatschool.com/activities/</a></p> <p><a href="https://www.youtube.com/watch?v=-tBwIA3gnG0&amp;list=PL0eNR_C2NUuX9zfHxq5NqLCddK1uUwuQe&amp;index=38">https://www.youtube.com/watch?v=-tBwIA3gnG0&amp;list=PL0eNR_C2NUuX9zfHxq5NqLCddK1uUwuQe&amp;index=38</a></p>



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وغير الصحية الأطعمة بين المتعلم يميز أن التشبيه باستخدام الصحية الأسرة مع التسوق عن مقال يكتب أن التشخيص باستخدام الأسرة مع التسوق عن مقال يكتب أن التشخيص باستخدام

Topic: - الهوايات

Learning Objectives:

- أن يصنف التلميذ الهوايات
- أن يصف التلميذ هواية السباحة
- أن يوضح التلميذ أهمية الهوايات في حياتنا
- أن يصف هوايته المفضلة وهوايات أسرته
- أن يحلل النص تحليلاً أدبياً ولغوياً
- أن يوظف التلميذ التشبيه في سياقات مختلفة
- أن يوظف التلميذ التشخيص في سياقات مختلفة
- أن يبدي التلميذ رأيه في هواية القراءة

كتابة تقريرًا عن الهوايات المختلفة باستخدام الأساليب الأدبية والصور الجمالية  
تسجيل فيديو عن هوايته المفضلة وهوايات أسرته  
رسم لوحات وتصميم خرائط ذهنية توضح الهوايات المختلفة

[https://www.youtube.com/watch?v=Rfj0Xjhj7h0&list=PL0eNR\\_C2NUuX9zfHxq5NqLCddK1uUwuQe&index=32](https://www.youtube.com/watch?v=Rfj0Xjhj7h0&list=PL0eNR_C2NUuX9zfHxq5NqLCddK1uUwuQe&index=32)

<https://www.youtube.com/watch?v=-tBwIA3gnG0>



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	<p>أن يوضح التلميذ فائدة القراءة للعقل أن يقارن التلميذ بين الهوايات المختلفة أن يكتب رسالة لصديقه يخبره عن هوايته المفضلة وهوايات أسرته أن يعرب الجملة الاسمية أن يحدد أركان الجملة الفعلية</p>		
ISLAMIC STUDIES (Non- Arabs)	<p><b>Topic: SOME OF THE SIGNS OF THE LAST HOUR</b></p> <p><b>Learning Objectives:</b></p> <ul style="list-style-type: none"><li>❖ To analyze the significance of knowing about the signs of the Last Hour</li><li>❖ To reflect on how awareness of the Last Hour encourages responsible behaviour,</li></ul> <p><b>Topic: VOLUNTEERING AN ACT OF WORSHIP</b></p> <p><b>Learning Objectives:</b></p>	<p><b>Activities: Motivate your child to write a short paragraph (5–6 sentences) on:</b></p> <ul style="list-style-type: none"><li>❖ How thinking about the Last Hour influences their personal choices.</li><li>❖ One positive change they want to make in their character or daily life to better prepare for the Hereafter</li><li>❖ <b>Write about one volunteer activity</b> they can realistically take part in (e.g., helping a classmate, cleaning the masjid, supporting a charity event, helping at home).</li><li>❖ <b>Explain how their intention (niyyah) makes this act a form of worship</b>, even if it seems small.</li></ul>	<p><a href="https://islamqa.info/en/answers/78329/signs-of-the-day-of-judgment">https://islamqa.info/en/answers/78329/signs-of-the-day-of-judgment</a></p> <p><a href="https://www.islam21c.com/tarbiya/volunteering-benefits/">https://www.islam21c.com/tarbiya/volunteering-benefits/</a></p>



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	<ul style="list-style-type: none"><li>❖ To analyze how volunteering builds qualities such as sincerity, empathy, humility, and responsibility</li><li>❖ To explicate how volunteering acts encourage helping others and serving the community.</li></ul>		
UAE Social Studies	<p><b>Topic:</b> الثورة المعلوماتية</p> <p><b>Learning Objectives:</b></p> <p>أن يحدد عوامل قيام الثورة المعلوماتية</p>	<p><b>Activities:</b> رسم وتصميم خرائط ذهنية توضح عوامل قيام الثورة المعلوماتية</p> <p>مناقشة عوامل قيام الثورة المعلوماتية</p>	<a href="https://seraj-uae.com/file/2725/">https://seraj-uae.com/file/2725/</a>
PSHCEE	<p><b>Topic:</b> Personal Hygiene and Dental Care</p> <p><b>Learning Objectives:</b></p> <ul style="list-style-type: none"><li>❖ To determine ways to improve personal hygiene<ul style="list-style-type: none"><li>❖ To reflect on good habits to prevent gum disease and tooth decay.</li></ul></li></ul>	<p><b>Activities:</b> Motivate your child to practice good oral hygiene.</p> <ul style="list-style-type: none"><li>❖ Brush their teeth 2-3 times a day.</li><li>❖ Avoid eating sweets.</li></ul>	<a href="https://dentalhubclinic.ae/dental-hygiene-tips-kids-dentist-dubai/">https://dentalhubclinic.ae/dental-hygiene-tips-kids-dentist-dubai/</a>
MORAL EDUCATION	<p><b>Topic:</b> Physical Health and Diet</p> <p><b>Learning Objectives:</b></p> <ul style="list-style-type: none"><li>❖ To recognise one's responsibility for caring for themselves including the importance of</li></ul>	<p><b>Activities:</b> Talk to your child about healthy food choices.</p> <ul style="list-style-type: none"><li>❖ Emphasise that food choices made in childhood can have an impact on health in adulthood.</li></ul>	<a href="https://mohap.gov.ae/en/w/healthy-diet-and-physical-activity">https://mohap.gov.ae/en/w/healthy-diet-and-physical-activity</a>



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	healthy eating, sufficient sleep and regular exercise.		
HISTORY	<p><b>TOPIC –:</b> LITERATURE</p> <p><b>LEARNING OBJECTIVES-</b></p> <ul style="list-style-type: none"> <li>❖ To examine the impact of changes introduced in literature in Britain.</li> </ul>	<p><b>Activities: Along with your child:</b></p> <ul style="list-style-type: none"> <li>❖ Compare and contrast different literary works like Chaucer and examine the impact of changes introduced in literature in Britain.</li> </ul>	<p><a href="#">Win History Workbook;</a></p> <ul style="list-style-type: none"> <li>• <a href="http://www.studyhistory.co.uk">www.studyhistory.co.uk</a></li> <li>• <a href="http://www.bbc.co.uk/history">www.bbc.co.uk/history</a></li> <li>• <a href="http://www.schoolhistory.co.uk">www.schoolhistory.co.uk</a></li> </ul>
GEOGRAPHY	<p><b>TOPIC –</b> Maps and mapping skills-PBL</p> <p><b>Learning Objectives:</b></p> <ul style="list-style-type: none"> <li>❖ To create a simple map of an imaginary place that has a title, scale, grid references, compass, key.</li> </ul>	<p><b>Activities: Motivate your child to</b></p> <ul style="list-style-type: none"> <li>❖ Create a simple map of an imaginary place that has a title, scale, grid references, compass, key.</li> </ul>	<p><a href="#">Yr 7 Workbook</a></p>
Moral Science and Cultural Studies	<p><b>Topic:</b> How Tolerance Appears in Society</p> <p><b>Learning Objectives:</b></p>	<p><b>Activities:</b></p> <p>On a small chart paper or A4 page, the child makes a <b>visual card</b> about the chosen culture.</p>	<p><a href="#">The yr 7 MOE TB for MSCS</a></p>



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	<ul style="list-style-type: none"> <li>❖ To explore the beliefs, Values and traditions of a diverse group of people</li> </ul>	<p>Include: The <b>country's flag</b> (draw or print)</p> <ul style="list-style-type: none"> <li>❖ 2–3 pictures (food, clothing, festivals, symbols)</li> <li>❖ A short paragraph:  <b>“What I learned about the beliefs, values, and traditions of ____ people.”</b></li> </ul> <p>Parents can help with printing pictures or guiding text.</p>	
<p style="text-align: center;">FRENCH</p>	<p><b>Topic:</b> “ça va? Non, J’ai mal.”</p> <p><b>Learning Objectives:</b></p> <ul style="list-style-type: none"> <li>❖ To Identify different body parts and some health problems.</li> <li>❖ To explain how you feel and where do you feel pain.</li> <li>❖ To use expressions with the verb AVOIR.</li> </ul>	<p><b>Activities:</b></p> <ul style="list-style-type: none"> <li>❖ Motivate your child to read short stories or any other French texts that would interest them.</li> <li>❖ Encourage your child to build sentences using more than one verb.</li> <li>❖ Motivate your child to listen to the French radio stations together while doing household chores and enhance their speaking skills</li> </ul>	<p><a href="#">AVOIR MAL: Français FLE fiches pedagogiques pdf &amp; doc</a></p> <p><a href="#">Avoir mal à</a></p>
<p style="text-align: center;">ICT</p>	<p><b>Topic:</b> Graphics software</p> <p><b>Learning Objectives:</b></p> <ul style="list-style-type: none"> <li>❖ To analyze how to navigate Illustrator.</li> </ul>	<p><b>Activities:</b> Motivate your child to:</p> <ul style="list-style-type: none"> <li>❖ Create basic shapes.</li> </ul>	<p><a href="https://www.creativeblog.com/digital-art/illustrator-tutorials-1232697">https://www.creativeblog.com/digital-art/illustrator-tutorials-1232697</a></p>



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	<ul style="list-style-type: none"><li>❖ To examine the tools and features of Adobe Illustrator.</li></ul>	<ul style="list-style-type: none"><li>❖ Create custom paths.</li><li>❖ Create graphics that contain custom text.</li><li>❖ Customize objects and basic shapes.</li><li>❖ Prepare documents for deployment.</li></ul>	
STEAM	<p><b>Topic:</b> Tinker cad</p> <ul style="list-style-type: none"><li>❖ Invent a Device That Can Move Through a Pipe</li></ul> <p>Learning Objectives:</p> <ul style="list-style-type: none"><li>❖ Create a 3D representation of a device that can move through a pipe within Tinker cad.</li></ul> <p>Digital Safety</p> <ul style="list-style-type: none"><li>❖ Explain why information about individuals is valuable to organizations.</li></ul>	<p><b>Activities:</b></p> <ul style="list-style-type: none"><li>❖ Encourage your child to explore different tools and functions of Tinker cad application.</li><li>❖ Research and explore for inventing a device that can move through a pipe.</li><li>❖ Motivate your child to explore mathematical computation and object-sizing tools to solve real-world problems.</li><li>❖ With your child discuss on the ethical considerations and privacy concerns related to collecting and using personal information.</li></ul>	<p><a href="https://www.tinkercad.com/lessonplans/invent-a-device-that-can-move-through-a-pipe">https://www.tinkercad.com/lessonplans/invent-a-device-that-can-move-through-a-pipe</a></p> <p><a href="#">Ethical Challenges in the Digital Age: Navigating Privacy and Security   World Ethics Organization</a></p>



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❖ Analyse how certain types of data are used by organizations.

Leadership  
GEMSTONES

Week 1:



**JANUARY – WEEK 1**  
**LEADING WITH REFLECTION**  
**MOONSTONE: Encourages deep thinking and setting meaningful goals for growth.**



**January - Quote for Week 1**

**“Take time to think about your actions and set new goals.”**

**MESSAGE**

In the journey of leadership, taking time to reflect on your actions helps you grow and stay true to your goals. It's easy to get caught up in the excitement of leading, but pausing to think allows you to reconnect with your purpose and see where you can improve. These quiet moments help you find new ideas, set meaningful goals and become a stronger leader. By practicing self-reflection, you not only grow as a leader but also inspire your peers to do the same.

**REFLECT**

How can I create time to pause and think about how I'm leading?  
What new goals can I set to make a positive impact on my team or community?

**Activity:** Encourage your child to lead a 5-minute "Leadership Pause" at home: share one action from their week (like supporting a teammate), reflect on what went well and what to improve, then set a family goal like "one kind act daily." Draw it on paper and snap a photo to share progress!

Click on the Padlet link or scan the QR code to share your views on LEADING WITH GRATITUDE and what have you done to embrace the quotes of the week? Share your stories or actions to inspire others!

[https://padlet.com/The\\_Winchester\\_School/ks3-january-gems-leadership-moonstone-hr14u78ujbp9ujet](https://padlet.com/The_Winchester_School/ks3-january-gems-leadership-moonstone-hr14u78ujbp9ujet)



Leadership  
GEMSTONES

Week 2

**JANUARY – WEEK 2**  
**LEADING WITH REFLECTION**  
**MOONSTONE: Encourages deep thinking and setting meaningful goals for growth.**

**January - Quote for Week 2**

**“Moments of silence bring clarity and help you trust your decisions.”**



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	<p style="text-align: center;">JANUARY – WEEK 2 <b>LEADING WITH REFLECTION</b> MOONSTONE: Encourages deep thinking and setting meaningful goals for growth.</p> <p style="text-align: center;">“ Moments of silence bring clarity and help you trust your decisions. ”</p> <p><small>MESSAGE: Silence is where clarity is born. In moments of stillness, your mind can process challenges, ideas and emotions with greater depth. Leaders who embrace silence often uncover solutions and insights that get lost in the noise of constant activity. REFLECT: How can I create regular moments of silence to enhance my leadership clarity? What practices can I incorporate into my daily routine to ensure I have the quiet time needed for deep reflection and thoughtful decision-making?</small></p>	<p><b>MESSAGE:</b> Silence is where clarity is born. In moments of stillness, your mind can process challenges, ideas and emotions with greater depth. Leaders who embrace silence often uncover solutions and insights that get lost in the noise of constant activity.</p> <p><b>REFLECT:</b> How can I create regular moments of silence to enhance my leadership clarity? What practices can I incorporate into my daily routine to ensure I have the quiet time needed for deep reflection and thoughtful decision-making?</p> <p><b>ACTIVITY:</b> With your child, spend five quiet minutes together and each write down one decision you’re thinking about this week, then share how a moment of silence might help you see that decision more clearly before acting.</p>	
<p>Leadership GEMSTONES</p> <p>Week 3</p>	<p style="text-align: center;"><b>JANUARY – WEEK 3</b> <b>LEADING WITH REFLECTION</b> <b>MOONSTONE: Encourages deep thinking and setting meaningful goals for growth.</b></p> <p style="text-align: center;">JANUARY – WEEK 3 <b>LEADING WITH REFLECTION</b> MOONSTONE: Encourages deep thinking and setting meaningful goals for growth.</p> <p style="text-align: center;">“ Reflecting on how others feel helps you understand your impact. ”</p> <p><small>MESSAGE: Empathy in leadership is not about providing all the answers or solutions. It is about offering presence, understanding and emotional support. When we walk alongside those we lead, we validate their experiences and make them feel seen and heard. This approach builds trust, fosters psychological safety and strengthens relationships. REFLECT: Am I creating a culture where people feel safe sharing their challenges? How can I be fully present to truly hear and understand the needs of those I lead?</small></p>	<p><b>January - Quote for Week 3</b> <b>“Reflecting on how others feel helps you understand your impact.”</b></p> <p><b>MESSAGE:</b> Empathy in leadership is not about providing all the answers or solutions. It is about offering presence, understanding and emotional support. When we walk alongside those we lead, we validate their experiences and make them feel seen and heard. This approach builds trust, fosters psychological safety and strengthens relationships.</p> <p><b>REFLECT:</b> Am I creating a culture where people feel safe sharing their challenges? How can I be fully present to truly hear and understand the needs of those I lead?</p>	



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		<p><b>ACTIVITY:</b> With your child, each write a short anonymous “mini-story” about a time someone’s words really changed how you felt. Swap papers, silently underline feeling words, then discuss how leaders can choose words that heal, not hurt, and why that builds trust at home and school.</p>	
<p>Leadership GEMSTONES</p> <p>Week 4</p>	<p><b>ANUARY – WEEK 4</b> <b>LEADING WITH REFLECTION</b> <b>MOONSTONE: Encourages deep thinking and setting meaningful goals for growth.</b></p> 	<p><b>January - Quote for Week 4</b> <b>“Self-reflection helps you ask important questions to understand yourself better.”</b> <b>MESSAGE:</b> Self-reflection is about taking a moment to look within and uncover what truly drives you as a leader. It’s not always easy—it means facing uncomfortable truths and asking tough questions about your actions, motivations and decisions. But it’s through this process that you grow, learn and develop the skills to lead with authenticity and purpose. <b>REFLECT:</b> What questions am I afraid to ask myself and how could answering them help me become a better leader? What simple habits can I adopt to make self-reflection a regular part of my leadership journey?</p> <p><b>ACTIVITY:</b> With your child, create a “Moonstone January Highlights” challenge: each family member shares one moment this month when they used self-reflection, empathy, or silence to make a better decision or support someone. Then record a 30–60 second video together where your child briefly explains one favourite Moonstone moment, who was involved (parent, sibling, pet, etc.), and how it showed leadership at home.</p>	



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