



# The Winchester School

## Year 7- Family Learning Newsletter – March - 2026

SUBJECT	FOCUS	ACTIVITIES	WEBSITES
ENGLISH	<p><b>Topic:</b> Comprehension Analysis</p> <p><b>Learning Objectives:</b></p> <ul style="list-style-type: none"> <li>❖ To develop inferential skills.</li> <li>❖ To analyse the word choice of the author.</li> </ul>	<p><b>Activities:</b> <i>Select any one short story from the given link.</i></p> <ul style="list-style-type: none"> <li>❖ <i>Select, analyse and explain the effect of words and phrases that reflect -</i></li> <li>❖ <i>the exposition</i></li> <li>❖ <i>development in characters</i></li> <li>❖ <i>shift in emotions and thoughts of characters</i></li> <li>❖ <i>development in plot</i></li> <li>❖ <i>turning point in the short story</i></li> </ul>	<p><a href="https://www.classicshorts.com/">https://www.classicshorts.com/</a></p>
MATHS	<p><b>Topic:</b> Surface area &amp; volume of cubes and cuboids</p> <p><b>Learning Objectives:</b></p> <ul style="list-style-type: none"> <li>❖ To investigate the relationship between the dimensions of cubes and cuboids and their corresponding volumes.</li> <li>❖ To calculate the volume of cubes and cuboids using appropriate formulas and apply the concept of volume to solve real-life problems.</li> <li>❖ To investigate the relationship between the dimensions of cubes and cuboids and their corresponding surface areas</li> </ul>	<p><b>Activities:</b></p> <ul style="list-style-type: none"> <li>❖ Encourage your child to complete the following Start by selecting everyday items such as a fish tank, cereal box, or storage container, and using a ruler or measuring tape to measure their length, width, and height. Record these measurements in a table. Then, calculate the volume of each cube and cuboid using the formula <math>V = l \times w \times h</math>, where V is volume, l is length, w is width, and h is height. Guide students to analyze the data they've collected and encourage them to compare the volumes with the objects' dimensions to deepen their understanding.</li> </ul>	<p><a href="https://www.youtube.com/watch?v=PhLc6B5WXtc">https://www.youtube.com/watch?v=PhLc6B5WXtc</a></p> <p><a href="https://nrich.maths.org/surface-area-and-volume">https://nrich.maths.org/surface-area-and-volume</a></p> <p><a href="https://thirdspacelearning.com/gcs-e-maths/geometry-and-measure/cuboid/">https://thirdspacelearning.com/gcs-e-maths/geometry-and-measure/cuboid/</a></p>



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		<ul style="list-style-type: none"> <li>❖ Investigate and explore the surface area of cubes and cuboids. Start by examining a cube and a cuboid, and note their characteristics such as edges, faces, and vertices. Select a cube and measure the length of one edge using a ruler or measuring tape. Record this measurement as the "edge length" of the cube. Calculate the surface area of the cube using the formula. Repeat these steps for different cubes with varying edge lengths. Record the measurements and calculated surface areas in a table. Discuss the findings and relate them to the mathematical concept of surface area and the formula used for calculation</li> </ul>	<p><a href="https://www.transum.org/Software/SW/Starter_of_the_day/Students/Surface_Area.asp">https://www.transum.org/Software/SW/Starter_of_the_day/Students/Surface_Area.asp</a></p>
<p>SCIENCE</p>	<p><b>Topic:</b> FORCES</p> <p><b>Learning Objectives:</b></p> <ul style="list-style-type: none"> <li>❖ To recognise different examples of forces.</li> <li>❖ To measure forces using newton meters; use correct unit for force; explain difference between mass and weight.</li> <li>❖ To explain the relationship between applied force and the change of shape of an object; investigate forces involved in compressing and stretching materials; identify applications</li> </ul>	<p><b>Activities:</b></p> <ul style="list-style-type: none"> <li>❖ Encourage your ward to read all the useful website links and do the following tasks:</li> <li>❖ Encourage your ward to make an interactive presentation on balanced and unbalanced forces using <b>GLOGSTER</b>.</li> <li>❖ Encourage your ward to use <b>PADLET</b> to show difference between mass and weight.</li> <li>❖ Help your ward to use <b>CANVA</b> to make a poster on the relationship between applied forces and change of shape of an object.</li> </ul>	<p><a href="https://www.bbc.co.uk/bitesize/guides/ztcgghv/revision/2">https://www.bbc.co.uk/bitesize/guides/ztcgghv/revision/2</a></p> <p><a href="https://www.thenational.academy/teachers/programmes/science-secondary-ks3/units/forces/lessons/the-different-kinds-of-force#quiz">https://www.thenational.academy/teachers/programmes/science-secondary-ks3/units/forces/lessons/the-different-kinds-of-force#quiz</a></p> <p><a href="https://www.bbc.co.uk/bitesize/guides/zigppq3/revision/1">https://www.bbc.co.uk/bitesize/guides/zigppq3/revision/1</a></p>



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	<ul style="list-style-type: none"><li>❖ To state and use the law of moments</li></ul>	<ul style="list-style-type: none"><li>❖ Encourage your ward to make simple levers and try out balancing small weights.</li><li>❖ <a href="https://www.homesciencetools.com">How to Make a Lever - Simple Machine Science Lesson &amp; Project (homesciencetools.com)</a></li></ul>	<p><a href="https://www.thenational.academy/teachers/programmes/science-secondary-ks3/units/forces/lessons/balanced-and-unbalanced-forces#worksheet">https://www.thenational.academy/teachers/programmes/science-secondary-ks3/units/forces/lessons/balanced-and-unbalanced-forces#worksheet</a></p> <p><a href="https://www.bbc.co.uk/bitesize/guides/z78nb9q/revision/3">https://www.bbc.co.uk/bitesize/guides/z78nb9q/revision/3</a></p> <p><a href="https://www.bbc.co.uk/bitesize/guides/z9hk3k7/revision/2">https://www.bbc.co.uk/bitesize/guides/z9hk3k7/revision/2</a></p> <p><a href="https://www.bbc.co.uk/bitesize/guides/ztjpb82/revision/1">https://www.bbc.co.uk/bitesize/guides/ztjpb82/revision/1</a></p>
ARABIC (Arabs)	<p><b>Topic:</b></p> <ul style="list-style-type: none"><li>❖ قصة أوراق تضحك</li><li>❖ آيات من القرآن</li></ul> <p><b>Learning Objectives</b></p>	<p><b>Activities:</b></p> <p>نشاط القراءة التمثيلية</p> <p>يقسم الطلاب إلى مجموعات، وكل مجموعة تمثل مشهدًا من القصة بأسلوب مسرحي بسيط.</p>	<p><a href="https://www.youtube.com/watch?v=DWwiYoHtgm0&amp;pp=ygUi2K_Ys_dizINmC2LXYqSDYp9ml2LHYp9mCINiq2LbYrdmDIA%3D%3D">https://www.youtube.com/watch?v=DWwiYoHtgm0&amp;pp=ygUi2K_Ys_dizINmC2LXYqSDYp9ml2LHYp9mCINiq2LbYrdmDIA%3D%3D</a></p>



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- ❖ أن يقرأ الطالب القصة قراءة جهرية سليمة مع مراعاة علامات الترقيم.
- ❖ أن يحدّد الفكرة الرئيسة والأفكار الفرعية في القصة.
- ❖ أن يستنتج القيم والسلوكيات الإيجابية الواردة في النص.
- ❖ أن يصف شخصيات القصة وصفًا دقيقًا مع ذكر الأدلة من النص.
- ❖ أن يعيد سرد أحداث القصة بأسلوبه الخاص ترتيبًا وتسلسلًا.
- ❖ أن يقرأ الطالب الآيات قراءة صحيحة خالية من الأخطاء اللغوية.
- ❖ أن يشرح المفردات الجديدة الواردة في الآيات شرحًا بسيطًا.
- ❖ أن يوضّح المعنى العام للآيات بأسلوب واضح ومختصر.
- ❖ أن يستنتج القيم والمبادئ الأخلاقية المستفادة من الآيات.
- ❖ أن يربط بين معاني الآيات وسلوكه اليومي من خلال أمثلة تطبيقية.

- ❖ خريطة أحداث القصة  
يرسم الطلاب مخططًا يوضّح (البداية – المشكلة – الأحداث – الحل – النهاية).
- ❖ بطاقة شخصية  
يختار كل طالب شخصية من القصة ويكتب صفاتها ودورها وموقفًا أعجبه منها.
- ❖ غير النهاية  
يكتب الطلاب نهاية جديدة أو موقفًا إضافيًا للقصة مع مناقشة الأفكار.
- ❖ صيد القيم  
يقرأ الطلاب فقرات محددة ويستخرجون القيم والسلوكيات الإيجابية ويعرضونها أمام الصف.
- ❖ سؤال وجواب سريع  
لعبة بطاقات تحتوي أسئلة فهم واستنتاج حول القصة.
- ❖ قراءة جماعية متبادلة  
يقرأ الطلاب الآيات بالتناوب مع تصحيح الأخطاء اللغوية.
- ❖ مطابقة المفردات  
بطاقات كلمات من الآيات مع معانيها؛ يطابق الطلاب بينها.
- ❖ استخراج الفكرة  
يعمل الطلاب ضمن مجموعات لاستخراج الفكرة العامة وكتابتها في جملة واحدة.
- ❖ مواقف حياتية  
يكتب الطلاب مواقف من حياتهم اليومية تطبّق معاني الآيات.

[https://www.youtube.com/watch?v=CRzmFISJySI&pp=ygUi2K\\_YsdizINmC2LXYqSDYp9mi2LHYp9mCINiq2LbYrdmDIA%3D%3D](https://www.youtube.com/watch?v=CRzmFISJySI&pp=ygUi2K_YsdizINmC2LXYqSDYp9mi2LHYp9mCINiq2LbYrdmDIA%3D%3D)

[https://www.youtube.com/watch?v=YqcUcKBT0Ok&pp=ygUi2K\\_YsdizINmC2LXYqSDYp9mi2LHYp9mCINiq2LbYrdmDIA%3D%3D](https://www.youtube.com/watch?v=YqcUcKBT0Ok&pp=ygUi2K_YsdizINmC2LXYqSDYp9mi2LHYp9mCINiq2LbYrdmDIA%3D%3D)



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		<p>❖ لوحة القيم</p> <p>❖ تصمم كل مجموعة لوحة صغيرة تتضمن قيمة مستفادة مع مثال تطبيقي.</p> <p>❖ أسئلة تفكير</p> <p>❖ يكتب الطلاب سؤالاً تحليلياً عن الآيات ثم يجيب زميله عنه.</p>	
ISLAMIC STUDIES (Arabs)	<p><b>Topic:</b> غزوة بدر الكبرى</p> <p><b>Learning Objectives:</b></p> <ul style="list-style-type: none"><li>❖ تعريف غزوة بدر الكبرى تعريفاً صحيحاً. من خلال تحديد زمانها ومكانها. وأسباب الغزوة</li><li>❖ يستنتج نتائج غزوة بدر الكبرى</li><li>❖ يستخلص الدروس والعبر المستفادة منها .</li></ul>	<p><b>Activities:</b></p> <ul style="list-style-type: none"><li>❖ تعريف غزوة بدر 2-تحدد الزمان والمكان. 3.من قائد المسلمين؟</li><li>❖ متى وأين وقعت الغزوة؟ 4.</li><li>❖ ما أسباب غزوة بدر. 5.</li><li>❖ اذكر ثلاثة أحداث مهمة من الغزوة. 2.ارسم رسمة تعبر عن أحد هذه الأحداث</li><li>❖ اكتب ثلاث نتائج لغزوة بدر. 1.</li><li>❖ ميز بين نتيجة دينية ونتيجة اجتماعية. 3.اختر أهم نتيجة 2. وفسرها من رأيك</li></ul>	<p><a href="https://www.aljazeera.net/blogs/2019/5/23/%D9%85%D8%B9%D8%B1%D9%83%D8%A9-%D8%A8%D8%AF%D8%B1-%D8%A7%D9%84%D9%83%D8%A8%D8%B1%D9%89-%D8%AD%D8%AF%D8%AB-%D8%B9%D8%B8%D9%8A%D9%85-%D9%81%D9%8A-%D8%B4%D9%87%D8%B1-%D8%B1%D9%85%D8%B6%D8%A7%D9%86">https://www.aljazeera.net/blogs/2019/5/23/%D9%85%D8%B9%D8%B1%D9%83%D8%A9-%D8%A8%D8%AF%D8%B1-%D8%A7%D9%84%D9%83%D8%A8%D8%B1%D9%89-%D8%AD%D8%AF%D8%AB-%D8%B9%D8%B8%D9%8A%D9%85-%D9%81%D9%8A-%D8%B4%D9%87%D8%B1-%D8%B1%D9%85%D8%B6%D8%A7%D9%86</a></p>



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<p>ARABIC (Non- Arabs)</p>	<p><b>Topic:</b> حول العالم حز الفندق - الرياضة - الغناء والموسيقى</p> <p><b>Learning Objectives:</b></p> <ol style="list-style-type: none"><li>1. ينشئ التلميذ حوارًا بين الزائر وموظف الاستقبال.</li><li>2. يصف التلميذ الفندق باستخدام أسلوب التعجب.</li><li>3. يقارن التلميذ بين فندقين مختلفين.</li><li>4. يوظف التلميذ التشبيه في سياقات مختلفة.</li><li>5. يصف التلميذ حفل غناء باستخدام التشبيه.</li><li>6. يبدي التلميذ رأيه في حفل غناء.</li></ol>	<p><b>Activities:</b></p> <p>شجع طفلك على القيام بالتالي</p> <ol style="list-style-type: none"><li>1. تسجيل فيديو قصير يصف فيه فندق أعجبه.</li><li>2. يكتب التلميذ موضوعًا قصيرًا عن أهمية الرياضة في حياتنا.</li><li>3. تصميم ملصق (Poster) يعبر عن أهمية الرياضة في حياتنا.</li><li>4. كتابة نصًا وصفيًا عن حفل غناء مستخدمًا الأساليب الأدبية.</li></ol>	<p><a href="#">شجع طفلك على القيام بالتالي yr 7 non arabs 22 3 2020</a></p> <p><a href="#">التشبيه yr 7 non arabs</a></p> <p><a href="#">Singing y7 23 3 2020</a></p>
<p>ISLAMIC STUDIES (Non- Arabs)</p>	<p><b>Topic:</b> I AM TOLERANT</p> <p><b>Learning Objectives:</b></p> <ul style="list-style-type: none"><li>❖ To analyze the significance of tolerance</li><li>❖ To reflect on the consequences of intolerance on an individual and society.</li></ul>	<p><b>Activities: Motivate your child to -</b></p> <ul style="list-style-type: none"><li>❖ Write a short reflection on the significance of Tolerance, answering these prompts:</li><li>❖ Why is this important in my life?</li><li>❖ What could happen if this value is ignored?</li><li>❖ How can I show its importance through my daily actions</li></ul>	<p><a href="https://www.guranexplorer.com/blog/understand-the-guran/tolerance-in-islam">https://www.guranexplorer.com/blog/understand-the-guran/tolerance-in-islam</a></p>



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UAE Social Studies	<p><b>Topic:</b></p> <ul style="list-style-type: none"><li>❖ قارة آسيا</li></ul> <p><b>Learning Objectives:</b></p> <ul style="list-style-type: none"><li>❖ استنتاج الخصائص الجغرافية الطبيعية لقاره اسيا</li><li>❖ استنتاج الخصائص الجغرافية الطبيعية لقاره أمريكا</li></ul>	<p><b>Activities:</b></p> <ul style="list-style-type: none"><li>❖ تصميم تقارير عن اسيا طبيعيًا</li><li>- اسيا بشريًا</li><li>❖ اسيا تاريخيًا</li><li>❖ أمريكا الشمالية جغرافيا وتاريخيا</li></ul>	<p><a href="https://seraj-uae.com/file/8067/">https://seraj-uae.com/file/8067/</a></p> <p><a href="https://education.nationalgeographic.org/resource/asia-human/">https://education.nationalgeographic.org/resource/asia-human/</a></p>
PSHCEE	<p><b>Topic:</b></p> <ul style="list-style-type: none"><li>❖ Active Learning</li></ul> <p><b>Learning Objectives:</b></p> <ul style="list-style-type: none"><li>❖ To describe the different ways people learn</li></ul>	<p><b>Activities:</b></p> <ul style="list-style-type: none"><li>❖ Discuss the different ways of learning.</li><li>❖ Along with your child, think about each subject that they learn and think if they could use each of these ways of learning in their lessons.</li></ul>	<p><a href="https://cei.umn.edu/teaching-resources/active-learning">https://cei.umn.edu/teaching-resources/active-learning</a></p>
Moral Education	<p><b>Topic:</b></p> <ul style="list-style-type: none"><li>❖ Respect and Tolerance in a Diverse Community</li></ul> <p><b>Learning Objectives:</b></p> <ul style="list-style-type: none"><li>❖ The importance of tolerating the differences they observe between themselves and other people.</li><li>❖ Treating others with respect, regardless of their beliefs, ethnicity, religion or social status.</li></ul>	<p>Activities: Motivate your child to</p> <ul style="list-style-type: none"><li>❖ Create a mind map on the importance of respect and how it can make a difference in one's life.</li><li>❖ Research and elaborate on the term 'Give respect in order to gain respect.</li><li>❖ List out the various measures that UAE has taken to ensure that different cultures live in harmony under one roof.</li></ul>	<p><a href="https://arnifi.com/blog/diversity-in-uae-unified-in-unique-ways/">https://arnifi.com/blog/diversity-in-uae-unified-in-unique-ways/</a></p>



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HISTORY	<p><b>TOPIC :</b></p> <ul style="list-style-type: none"> <li>❖ Elizabeth I: Spanish Armada</li> </ul> <p><b>Learning Objectives:</b></p> <ul style="list-style-type: none"> <li>❖ To examine the factors for the defeat of Spanish Armada.</li> </ul>	<p>Activities: ❖ Motivate your child</p> <ul style="list-style-type: none"> <li>❖ To create a story board/essay/podcast/mind map to highlight the reasons for defeat of Spanish Armada.</li> </ul>	<p><a href="https://www.historyextra.com/period/elizabethan/elizabeth-personality-mysteryunfathomable-queen-helencastor/">https://www.historyextra.com/period/elizabethan/elizabeth-personality-mysteryunfathomable-queen-helencastor/</a></p> <p>❖</p> <p><a href="https://www.royal.uk/elizabeth-i">https://www.royal.uk/elizabeth-i</a></p>
GEOGRAPHY	<p><b>TOPIC:</b></p> <ul style="list-style-type: none"> <li>❖ River landforms</li> </ul> <p><b>Learning Objectives:</b></p> <ul style="list-style-type: none"> <li>❖ To describe the formation of landforms in upper course.</li> </ul>	<p>Activities: Motivate your child to</p> <ul style="list-style-type: none"> <li>❖ Read and analyse sources and evaluate the formation of landforms by river erosion, transport, and deposition.</li> <li>❖ Create models of landforms</li> </ul>	<p><a href="http://thebritishgeographer.weebly.com/river-landforms.html">http://thebritishgeographer.weebly.com/river-landforms.html</a></p>
Moral Science and Cultural Studies	<p><b>Topic:</b></p> <ul style="list-style-type: none"> <li>❖ How Tolerance appears in Society</li> </ul> <p><b>Learning Objectives:</b></p> <ul style="list-style-type: none"> <li>❖ To identify how tolerance appears in society and explain why respecting differences helps create a peaceful and inclusive community.</li> </ul>	<p><b>Activities: Family Discussion</b></p> <p>Ask your family members:</p> <ul style="list-style-type: none"> <li>❖ What traditions or celebrations are important to us?</li> <li>❖ What opinions do we sometimes disagree on?</li> <li>❖ How do we show respect when we disagree?</li> </ul>	<p><a href="#">MoE TB on MSCS</a></p>



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FRENCH	<p><b>Topic:</b> ❖ Mission santé</p> <p><b>Learning Objectives:</b></p> <ul style="list-style-type: none"><li>❖ To discuss a healthy lifestyle.</li><li>❖ To understand past events in a written text.</li><li>❖ To practice the use of Past Tense in a context.</li></ul>	<p><b>Activities:</b></p> <ul style="list-style-type: none"><li>❖ Encourage your child to do a regular work: 15- 20 minutes 5 times a week spent with French will guarantee a good progress.</li><li>❖ Engage your child in memory games and regularly</li><li>❖ Encourage Your ward to practice on Language nut website to reinforce knowledge and improve retention.</li></ul>	<p><a href="#">Languagenut   Global Digital Language Learning Platform</a></p> <p>Workbook</p>
ICT	<p><b>Topic:</b> Graphics software</p> <p><b>Learning Objectives:</b></p> <ul style="list-style-type: none"><li>❖ To analyze how to navigate Illustrator.</li><li>❖ To examine the tools and features of Adobe Illustrator.</li></ul>	<p><b>Activities:</b> Motivate your child to</p> <ul style="list-style-type: none"><li>❖ Create basic shapes.</li><li>❖ Design custom paths.</li><li>❖ Create graphics that contain custom text.</li><li>❖ Customize objects.</li><li>❖ Customize basic shapes.</li><li>❖ Prepare documents for deployment</li></ul>	<p><a href="#">Adobe Illustrator tutorials to improve your skills   Creative Blog</a></p>





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MARCH – WEEK 9  
**LEADING WITH INTEGRITY**  
DIAMOND  
Emphasises honesty and staying true to one's values, even in tough situations.

“Your choices show who you are, especially when you pick what's right over what's easy.”

MESSAGE: Choosing to do what's right, even when it's hard, shows that you are strong and trustworthy. It helps others respect and follow you. Making good choices can inspire your friends to do the same.  
REFLECT: When have I chosen the harder but right path and how did it make me feel? How can I make sure my decisions are fair and honest? How can I help others make good choices too?

**Focus for the Month of RAMADAN LEADING WITH PURPOSE (AMETHYST)**  
**Reflect, serve and hold oneself accountable.**

RAMADAN – WEEK 3  
**LEADING WITH PURPOSE**  
AMETHYST  
Reflect, serve and hold oneself accountable.

“True purpose is discovered in service to others.”

MESSAGE: Ramadan is a time for generosity and care. Leaders who serve others with sincerity and purpose create lasting impact and build trust.  
REFLECT: How can I prioritise helping others as a leader? What small acts of service can I do to inspire those around me?

When have I chosen the harder but right path and how did it make me feel? How can I make sure my decisions are fair and honest? How can I help others make good choices too?

**Ramadan – Quote for Week 3:**  
**“True purpose is discovered in service to others.”**

**MESSAGE:**  
Ramadan is a time for generosity and care. Leaders who serve others with sincerity and purpose create lasting impact and build trust.

**REFLECT:**  
How can I prioritise helping others as a leader? What small acts of service can I do to inspire those around me?



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Leadership  
GEMSTONES

Week 2

### Leadership GEMSTONES

Focus for the Month of March

#### LEADING WITH INTEGRITY (DIAMOND)

**Emphasises honesty and staying true to one's values, even in tough situations.**

MARCH – WEEK 10  
**LEADING WITH INTEGRITY**  
DIAMOND  
Emphasises honesty and staying true to one's values, even in tough situations.

“Being true to your values means not just saying what you believe, but showing it in what you do.”

**MESSAGE:** Your actions say more about your values than your words ever could. When you live in a way that reflects what you believe, others are more likely to trust and respect you. This creates a space where everyone feels included and safe to be themselves. Being consistent in your actions and words helps build stronger connections and encourages others to do the same.

**REFLECT:** Do my actions reflect what I truly believe? How can I show others that I mean what I say? How can I be honest and authentic in everything I do?

#### Focus for the Month of RAMADAN LEADING WITH PURPOSE (AMETHYST)

**Reflect, serve and hold oneself accountable.**

### March - Quote for Week 2

***“Being true to your values means not just saying what you believe, but showing it in what you do.”***

#### MESSAGE:

Your actions say more about your values than your words ever could. When you live in a way that reflects what you believe, others are more likely to trust and respect you. This creates a space where everyone feels included and safe to be themselves. Being consistent in your actions and words helps build stronger connections and encourages others to do the same.

#### REFLECT:

Do my actions reflect what I truly believe? How can I show others that I mean what I say? How can I be honest and authentic in everything I do?

#### Ramadan – Quote for Week 4:

***“Purpose fuels resilience in the face of challenges.”***

#### MESSAGE:



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	<p style="text-align: center;">RAMADAN – WEEK 4 <b>LEADING WITH PURPOSE</b> AMETHYST Reflect, serve and hold oneself accountable.</p> <p style="text-align: center;">“Purpose fuels resilience in the face of challenges.”</p> <p><small>MESSAGE: Ramadan teaches patience and perseverance. Leaders with a strong sense of purpose can overcome obstacles and inspire others to keep moving forward. REFLECT: How can I stay focused on my goals when faced with challenges? How can I encourage others to stay committed to their purpose?</small></p>	<p>Ramadan teaches patience and perseverance. Leaders with a strong sense of purpose can overcome obstacles and inspire others to keep moving forward.</p> <p><b>REFLECT:</b></p> <p>How can I stay focused on my goals when faced with challenges? How can I encourage others to stay committed to their purpose?</p>	
<p>Leadership GEMSTONES</p> <p>Week 3</p>	<p><b>Leadership GEMSTONES</b></p> <p><b>Focus for the Month of March</b></p> <p><b>LEADING WITH Integrity (DIAMOND)</b></p> <p><b>Emphasises honesty and staying true to one’s values, even in tough situations.</b></p> <p style="text-align: center;">MARCH – WEEK 11 <b>LEADING WITH INTEGRITY</b> DIAMOND Emphasises honesty and staying true to one’s values, even in tough situations.</p> <p style="text-align: center;">“Doing the right thing matters, even when no one is watching.”</p> <p><small>MESSAGE: Being honest and doing the right thing, even when no one is looking, shows true leadership. It helps others trust and look up to you. REFLECT: How do I act when no one is watching? How can I make sure my choices are always fair? How can I inspire others to do the right thing?</small></p>	<p><b>March - Quote for Week 3</b></p> <p><b><i>“Doing the right thing matters, even when no one is watching.”</i></b></p> <p><b>MESSAGE:</b></p> <p>Being honest and doing the right thing, even when no one is looking, shows true leadership. It helps others trust and look up to you.</p> <p><b>REFLECT:</b></p> <ul style="list-style-type: none"> <li>➤ How do I act when no one is watching?</li> <li>➤ How can I make sure my choices are always fair?</li> </ul> <p>How can I inspire others to do the right thing?</p>	



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Leadership  
GEMSTONES

Week 4

### Leadership GEMSTONES

Focus for the Month of March

#### LEADING WITH Integrity (DIAMOND)

Emphasises honesty and staying true to one's values, even in tough situations.

MARCH – WEEK 12  
**LEADING WITH INTEGRITY**  
DIAMOND  
Emphasises honesty and staying true to one's values, even in tough situations.

“ Keeping your promises is the foundation of trust and integrity. ”

MESSAGE: When you follow through on what you say, it shows you are reliable and trustworthy. This builds stronger relationships and creates an environment where others feel they can depend on you. Leading with integrity means being true to your word, even when it's challenging and showing others that they can count on you.

REFLECT: How do I ensure I keep my promises? What steps can I take to show others I am dependable? How does keeping my word contribute to building trust and integrity in my relationships?

### March - Quote for Week 4

*“Keeping your promises is the foundation of trust and integrity.”*

#### MESSAGE:

When you follow through on what you say, it shows you are reliable and trustworthy. This builds stronger relationships and creates an environment where others feel they can depend on you. Leading with integrity means being true to your word, even when it's challenging and showing others that they can count on you.

#### REFLECT:

- How do I ensure I keep my promises?
  - What steps can I take to show others I am dependable?
- How does keeping my word contribute to building trust and integrity in my relationships?



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Leadership  
GEMSTONES

Week 5

Leadership GEMSTONES

Focus for the Month of March

**LEADING WITH Integrity (DIAMOND)**

**Emphasises honesty and staying true to one's values, even in tough situations.**

MARCH – WEEK 13  
**LEADING WITH INTEGRITY**  
DIAMOND  
Emphasises honesty and staying true to one's values, even in tough situations.

“Being true to yourself builds trust and earns respect.”

MESSAGE: When you are honest and consistent in how you act, no matter the situation, people trust and respect you more. Staying authentic shows that you value integrity and that others can rely on you. Being yourself inspires confidence and creates a positive environment where people feel safe to be authentic too.

REFLECT: How can I stay true to myself in every situation? What actions can I take to show others I am honest and dependable in all I do? How does being authentic strengthen the trust others have in me?

March - Quote for Week 5

*“Being true to yourself builds trust and earns respect.”*

**MESSAGE:**

When you are honest and consistent in how you act, no matter the situation, people trust and respect you more. Staying authentic shows that you value integrity and that others can rely on you. Being yourself inspires confidence and creates a positive environment where people feel safe to be authentic too.

**REFLECT:**

- How can I stay true to myself in every situation?
- What actions can I take to show others I am honest and dependable in all I do?

How does being authentic strengthen the trust others have in me?



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