

The Winchester School, Jebel Ali

Aim High Holiday Homework

Year 7 Moving to Year 8



Cover page Designed by Adriana – Year 8

Promoting – UN Sustainable Development Goals – Peace, Justice and Strong Institutions

AIM HIGH PROGRESS STUDY PROGRAMME

Dear Parents,

In our continued endeavour to engage and enrich our students' learning we have developed the **Aim High Progress Study Programme (AHPSP)** for your child to work on over the summer vacation. The aim of this programme is to keep students in 'learning mode' so that they continue to make progress without any summer learning loss.

This year Aim High Summer Holiday Activities are designed to enhance the research and independent learning skills of students. The activities are based on High Performance Learning skills which incorporates **Values Attitudes and Attributes skills (VAAs)** and **Advanced Cognitive Performance Characteristics (ACPs) skills**. Students must engage in activities as suggested under each skill and submit through the **MS Form Link shared below** –

<https://forms.office.com/r/8Z1PSiSMCT>

As your child is moving from Year 7 to Year 8, you can look at the **Family Learning Newsletters** for Year 8 and learn, in advance, about the learning modules, which will be covered in the coming academic year.

Please find the below links for Family Learning Newsletter:

<https://www.thewinchesterschool.com/for-parents/family-learning-newsletters/>

These are also very useful for new parents. For example, if your child has completed Year 7 in another school, you can look over the Family learning newsletter for Year 8 and map your child's existing learning to what has been completed at The Winchester School, Jebel Ali thus avoiding any gaps.

We hope you will be able to use all these valuable learning resources to support and enrich your child in reaching their full potential. The Winchester School deeply values 'Parents as Partners in Learning.'

Please note Thursday 1st July will be the last working day for students for this academic year. The school will be closed for the Summer vacation from Sunday, 4th July 2021 and will reopen for new students and Sixth Formers (Year 12 & 13) on Sunday 29th August 2021 and for all students on Monday, 30th August 2021.









Wish you all a very happy and blessed holidays. Enjoy with family and friends. Looking forward to welcoming you back in the new academic year.

Stay Safe!

Yours sincerely,




Harpreet Kaur
Head of Secondary

Values Attitudes and Attributes (VAAs) – HPL Skills		Advanced Cognitive Performance Characteristics (ACPs)- HPL Skills	
	<p>EMPATHETIC Collaborative Concerned for society Confident</p>		<p>META-THINKING Meta-cognition Self– regulation Strategy– Planning Intellectual confidence</p>
	<p>AGILE Enquiring Creative Enterprising Open– minded Critical thinking</p>		<p>CREATING Intellectual Playfulness Flexible Thinking Fluent Thinking Originality Evolutionary and revolutionary</p>
	<p>HARD WORKING Practice Perseverance Determined Resilience</p>		<p>ANALYSING Analysing Critical or logical thinking Precision Complex and multi-step problem</p>
			<p>LINKING Generalisation Connection Finding Big picture Thinking Abstraction Imagination Seeing Alternative Perspectives</p>
			<p>REALISING Automaticity Speed and Accuracy</p>


High Performance Learning Activities for Summer

SECTION A - Values Attitudes and Attributes (VAAs)


TASK- Choose any one act of kindness or as many you can and be the champion of the GEMS Jewels of Kindness and Respect- Earn your badges and stickers. Upload the evidences as a presentation using Canva or Sway.

<p>EMPATHETIC</p> 	<ul style="list-style-type: none"> • Sacrifice something that you like the most or you enjoy the most, and see how it feels to be out of your comfort zone. • Play an Empathy Scavenger Hunt with your family to help identifying emotions and special places of your home. • Engage in teaching someone online eg – teaching Math’s, English Grammar, Science or baking etc. • Find a community project, locally or in another country or initiate to support a cause. <i>(Ensure to follow the COVID 19 Protocols)</i> • Say sorry or forgive someone and bring a big relief and smile to you and others. • Engage in Daily Chat Time with Parents and Grandparents, be a good listener. • Personalised Thinking of you card - It’s always comforting knowing that someone is thinking of you and cares enough to check-in. Send words of encouragement to a loved one, it will make a lot of difference.
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TASK - Engage in one or more activities to enhance your Agile Skill and share your evidences through a presentation using Sway or Canva. This is the time to prove your talents, the best talents will be shortlisted for various school events and International Day celebration.

<p>AGILE</p> 	<p>Engage in Trekking with your parents Learn a new dance form – Hip Hop, Bollywood etc Learn Zumba, Aerobics, Yoga or Gymnastics Daily simple work outs/Jog or Run</p>
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TASK- “Doing the best at this moment puts you in the best place for the next moment”-Oprah Winfrey. Engage in the endless activities and prove that you are hardworking. Create a padlet wall and upload all the evidences and share the link of the padlet in the MS form.



<p>HARD WORKING</p> 	<p>Learn an online course – please find the links below- https://www.open.edu/openlearn/free-courses/full-catalogue https://www.futurelearn.com/courses Learn a new language Learn a new instrument Learn to sing Help with choosing meals and shopping</p>
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	<p>Help with meal preparation and serving, under supervision</p> <p>Walk, feed or clean your pet</p> <p>Empty Trash regularly</p> <p>Water both the outdoor and indoor plants</p>
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SECTION B – Advanced Cognitive Performance Characteristics (ACPs)

Choose one task from each skill, you are most welcome to do more activities. Upload your completed tasks on MS Form link shared above.

<p>META-THINKING</p> 	<p>TASK 1- Join an online Debate club - share your experiences in a presentation, ensure to include photographs and other evidences to support.</p>	<p>TASK 2- Scrap Book - Read the newspaper every day and collect one article / feature each related to Environment/ / Adventure/ Changes in lifestyle due to COVID 19. Paste the articles in your scrap book and write a short note what interested you the most about the particular article.</p>	<p>TASK 3 -Reading Read any two novels/ plays from those suggested below and summarise them in 250-300 words each:</p> <ul style="list-style-type: none"> • Great Expectations by Charles Dickens • Pride and Prejudice by Jane Austen • Teacher: Anne Sullivan Macy by Helen Keller • Merchant of Venice by William Shakespeare • The Adventures of Sherlock Holmes by Arthur Conan Doyle
<p>CREATING</p> 	<p>TASK 1 -Identify any new skill which you have learnt during the lockdown period and capture them in a digital camera.</p> <ul style="list-style-type: none"> • You can change layouts, background designs or add captions also in the photos to make it more presentable. • Using these clicked photos design a poster or collage using Sway, Canva, Flickr, The noun Project, Adobe Capture or Adobe Photoshop etc. • Use features of the software to make your work attractive and presentable. • Give a suitable title to it and ensure to add description. 	<p>TASK 2 -Make a documentary on the measures adopted by UAE to curb the rise of COVID 19.</p> <ul style="list-style-type: none"> • Use any movie making software like windows movie maker, open shot video editor, Filmora, Imovie, Kdenlive, Clip champ etc. • The movie must feature the facts and relevant information related to the topic. • Students must act in the movie and involve their friends and family as other characters. • The maximum time duration of the movie should not exceed 5 minutes. 	<p>TASK 3- -Project on UN Sustainable Development Goals- Choose any one goals from the 17 UN Sustainable Development Goals and design an innovative project that would help your community and share the blue print and the process with your school.</p>
<p>ANALYSING</p> 	<p>TASK 1 – Research And Analyse -Find out more about different types of thermometer used to scan fever/ temperature at places like airports, offices</p>	<p>TASK 2 -Diary Entry -Write a diary entry on any one skill that you have learnt during lockdown period. How did you feel after learning it? Its advantages and</p>	<p>TASK 3 -Report Making -Find out more about the threats that could be posed by microbes in future and measures to deal with the situations. Can we develop a</p>

	etc. Draw/paste pictures and explain their working.	disadvantages in not more than 100-120 words.	microbe vs microbe solution? Write down an essay in about 150 words. (Watch bill gates ted talk and other ted talks on 'microbes and warfare'.) B. Make a ppt on coronavirus as per the details given below: 1. Its structure. 2. How does it spread? 3. Preventive measures 4. Its impact on the environment and our lives.
LINKING 	TASK 1 -Prepare a PPT of not more than 10 slides on the services rendered through technology during this lockdown period. As the world is fighting against the COVID-19 outbreak, the lives of people have come to a grinding halt due to the months-long lockdown in most of the countries around the world. In such a scenario our lives have become totally dependent on technology and gadgets. • Write down your opinion in around 150 words about the impact, both positive and negative of the increased use of gadgets in our lives. •Provide recommendations for the young generation to overcome the excess usage of gadgets.	TASK 2 -Integrated project based on the theme- My Home Remedy for any common disease <ul style="list-style-type: none"> • Type of disease chosen • List of Ingredients and raw materials • Ratio and proportion of the ingredients • Write about their effectiveness in preventing diseases. • Methods of preparation • Estimated time required for preparations • Presentation - use images and computer skills 	TASK 3 -Research and make a video/PPT on COVID 19 Pandemic. Focus your research around the following key aspects. <ul style="list-style-type: none"> • Countries badly affected by COVID -19. (2 or more Countries) • Countries that have been able to control the spread. (2 or more Countries) • Analyse the leadership skill exhibited by the leaders of the countries that were able to control its spread and the measure they adopted. • Evaluate and share some of your suggested strategies to control the wide spread of viruses for any one country that is badly affected by the COVID 19 virus.
REALISING 	TASK 1 – Culture and Heritage Research and create a presentation on different forms of folk art, dance, music and instruments available in your country and UAE and its importance to culture and society. Presentation should be created with any modern ICT tool.	TASK 2 - Disaster Management Project on Disaster Management i.e.; - COVID 19, Earthquake, Flooding, Tsunami, Landslide, Volcanic Eruption, Any chemical disaster etc. Project should cover the reason for such disasters, areas affected by it, its effect - like impact on environment, damage done by it, on economy of that region/country and mitigation measures undertaken.	TASK 3 – Consumer Awareness Project on Consumer Awareness, present your finding in any mode. Include: Consumer Rights and Duties of consumers Role of Consumer Courts Importance of standardisation logos Include one personal case study of consumer exploitation (you can consider cases from the sudden

		Presentation should be done on Sway.	rise of online shopping due to the pandemic)
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